

RIVERVIEW HAPPENINGS

SEPTEMBER 2026

UPCOMING SEPTEMBER EVENTS

4th - Art Appreciation at the Parish Hall Gallery

4th - Loxton Lutheran School Worship

4th - Happy Hour for our Dad's

6th - Father's Day

10th - R U OK? Day

10th - Loxton Library Outing

11th - Community Coffee Outing

11th - BINGO with the year 5 and 6 students from the Lutheran School

14th - Julie Noble Live in Concert

15th - The World's Kitchen (NEW PROGRAM)

18th - Mini Silo Art Trail Walk

18th - Loxton Lutheran School Worship

23rd - Loxton Lutheran School Matinee Performance

24th - Lunch at the Local

25th - Golden Boutique Shopping Experience

26th - AFL Grand Final

28th - Bible Studies with Pastor Mat Eckermann

28th - Julie Noble Live in Concert



Riverview Lutheran Rest Home

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CEO Report

While it is very exciting to be extending our building to accommodate an extra 22 residents, and we are fortunate to be located on top of the cliff overlooking the Murray River and Katarapko Island. One of the most important things we can offer in aged care is not found in a building, a programme, or a service. It is something much deeper. It is a sense of belonging.

At Riverview, we believe every person deserves to feel valued, respected, and connected. While quality clinical care is essential, true wellbeing comes from knowing you matter, that your voice is heard, and that you are part of a caring community.

Every day, I am reminded that belonging is created in the small moments. It is seen in the conversations shared over morning tea, the friendships that form around our dining tables, the dedication of staff who take the time to listen, and the families who continue to play such an important role in the lives of their loved ones.

Our residents bring with them a lifetime of experiences, wisdom, faith, and cherished memories. We are privileged to learn from their stories and to support them in continuing to live meaningful and fulfilling lives. Creating a home where individuality is celebrated and where people feel safe to be themselves remains at the heart of everything we do. This commitment reflects our focus on person-centred care and recognising the unique life story of every resident.

During August, we celebrated Aged Care Employee day, so it is also timely that I acknowledge the remarkable contribution of our staff and volunteers. Their kindness, compassion, and commitment make Riverview far more than a residential aged care service. Together, they help create a community where residents feel supported, encouraged, and genuinely cared for.

Thank you for being part of the Riverview family. Whether you are a resident, family member, volunteer, staff member, or supporter, you contribute to making this a place where people belong. As always, we also genuinely appreciate your feedback on what we are doing well, and what else you would like to see or have here, and what we could do better.

Thank you for choosing Riverview

Nicolle Jachmann
Chief Executive Officer



Love Without Being a Hypocrite

Devotion by pastor Mat Eckermann

Greetings everyone, happy Spring! If you easily get hay-fever, maybe it's not so happy, none-the-less, we move into another season, knowing that God is always for us and not against in through faith in Jesus Christ. Here's last Sunday's second reading from Paul's letter to the church in Rome; it's a good portion of scripture. St Paul writes in Romans 12:9-21: Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer. Share with the Lord's people who are in need. Practice hospitality. Bless those who persecute you; bless and do not curse. Rejoice with those who rejoice; mourn with those who mourn. Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited. Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord. On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head." Do not be overcome by evil, but overcome evil with good (Romans 12:9-21 – NIV).

"Let love be genuine. Abhor what is evil; hold fast to what is good." (Romans 12:9). Paul doesn't ask for a little kindness here and there. Bless those who wrong you, he says. Weep with those who weep. Never avenge yourselves. He asks for an action, love or a similar value that isn't hypocritical — love that doesn't perform for the people watching and quietly disappear when no one's looking. We know what a hypocrite is, and what it means to be hypocritical: saying one thing and doing another. However, the Greek word behind "hypocrite" — *hypokritēs* — originally had nothing to do with an action of sin, or something like that. It simply meant an actor: someone who put on a mask and played a part on a stage. Paul is borrowing that picture on purpose. Hypocritical love is love acted out from behind a mask, spoken like a line in a play, rather than lived from the heart. If you and I are honest, that's a tall order and a big ask! Maybe there's a grudge you've carried for years — a hurt from someone close to you that you've never quite let go of. Maybe, if you're honest, your own love has sometimes been a performance: warmer in public than it has been in private. Here's the good news: everything Paul asks of us, Jesus has already given us. He loved without being a hypocrite, even washing the feet of the friend who would betray him that same night. Jesus blessed the very people who nailed him to the cross, and while hanging on the cross said: "Father, forgive them, for they know not what they do." Jesus didn't return evil for evil — and on that cross, the worst evil the world has ever done became, in God's hands, the very way the world was saved. That's not a standard for you and I to reach. It's a gift already given. Christ's perfect, unhypocritical love covers every grudge you've carried, every love that has fallen short of what it claimed to be. You are forgiven, fully, for his sake — not because you have earned it, but because he loved you first, while you were still far from him. And now, forgiven, you are free — not to prove anything, but simply to love a little more honestly each day, the way you have already been loved. Please feel free to pray this prayer with me:

"Lord Jesus, you loved me before I could love you back. Forgive the hypocrisy in my own love — the grudges I still carry, and the kindness that has sometimes been more performance than heart. Thank you for loving me fully, even when I couldn't love in return. Teach me, day by day, to love without hypocrisy, as you have loved me. Amen.

COMMUNITY CONNECTIONS and ACTIVE LIVING Report

Staying active throughout August required flexibility due to the ever-changing weather conditions. On the dry days, we continued our outdoor walks and watched the earthworks beginning in preparation for the building of our new extension. We look forward to following the progress during our walks over the coming months. To keep moving on the many wet days we encountered, we simply adapted and walked laps on the inside of the facility, while many residents also continued their individualised exercise programs in the comfort of the gym.



Our residents appreciated connecting with our local community during a range of outings throughout the month, including our much-loved small group coffee trips, library visits, lunch at the Loxton Hotel, scenic bus trips and joining the students at Loxton Lutheran School for Friday afternoon worship services.



In addition, our residents appreciated some new outings that included an op-shopping trip, a ballroom dance class and a visit to the Parish Hall Art Gallery, to view the amazing work of our talented local artists.



During the month of September, we are excited to experience a bus tour scavenger hunt, mini-silo art trail walk and the Loxton Lutheran School concert, along with our regular monthly favourite's on the program.

What has been happening during the month of **August** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of August \$649.00 in donations went to Riverview Rest Home. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

September Chapel offerings will be donated to Loxton and District Bible Society.

Aged Care Employee Day—August 7

During August, we celebrated Aged Care Employee Day, the perfect time to say a heartfelt thank you to the incredible people who choose to work at Riverview.

To say a thank you, our residents helped create a surprise video filled with photos and messages of appreciation, which was shown during our official Length of Service ceremony with CEO Nicolle Jachmann. The celebrations continued with a highly anticipated visit from the Little Miss Daisy van, treating our team to well-deserved coffees and a delicious selection of pastries. We extend a massive thank you to everyone who helped us recognise and celebrate our incredible team of staff and volunteers for everything they do.



Book Week Celebrations

Our residents brought the magic of books to life recently, diving headfirst into this year's Book Week theme, "Symphony of Stories." Over a number of weeks, residents got stuck into designing and making their own costumes during craft classes with lifestyles Dakota.

The big day arrived when we welcomed students from the Loxton Lutheran School for a special visit. Our hallways absolutely came alive with a grand parade full of colour, smiles, and laughter as the dressed up children and staff walked through the home together.

This year, our residents selected the classic tale 'The Pied Piper of Hamelin'. The residents looked fantastic in the handmade mouse ears they had crafted during their craft sessions. Dakota lead our little colony of mice, who made the perfect Pied Piper in a fantastic hand-crocheted hat and playing a recorder. We are incredibly grateful to the school for bringing the parade directly to us, ensuring all of our residents could join in the fun and experience the joy of the day.



Loxton High SRC Visit Riverview

We recently welcomed the SRC students from the Loxton High School into our Chapel and Wellbeing Centre for a wonderful, action packed morning of games and music with our residents. Residents and students teamed up for a variety of activities, including dominoes, jigsaw puzzles, Jenga, Uno, Connect 4, and mindful colouring in.

The morning took a magical turn with an impromptu music session that had everyone captivated. Student Cruise brought out his acoustic guitar and performed a beautiful cover of 'Blackbird' by The Beatles. Following that, teacher Owen took a seat at our baby grand piano, playing a wonderful rendition of Elton John's 'Your Song'. A morning enjoyed by everyone involved, and we are so grateful to the students and staff for sharing their time and talents with us.



Winners

With the Footy Grand final approaching, we congratulate our tipping winners. Prizes have been ordered and will be presented in the coming weeks.



EDWARDS

1. Pat H - 144
2. Peter S - 134
3. Shirley P - 1132

TRAEGER

1. Betty B - 121
2. Uncle Mick - 115
3. Miguela B - 112



Celebrating 55 Years of Love

The entire Riverview community is sending our warmest congratulations to resident Morrie and his wife, Kathy, as they celebrated their 55th wedding anniversary here with us in August. Our Lifestyle Team took absolute delight in making the day extra special for the two of them.

Please join us in wishing this lovely couple a very happy anniversary and many more wonderful years together.



Travelling the Globe with 'The World's Kitchen'

We are thrilled to launch our brand-new program, 'The World's Kitchen,' where our residents embark on a monthly global adventure to explore different cultures, customs, and cuisines. Each session gives everyone a chance to dive into international traditions before rolling up their sleeves to cook a famous, well-loved recipe from that country.

August marked our very first destination, with residents taking a closer look at the rich culture of Greece. Alongside learning about unique Greek traditions, including the custom of napkin spinning. The kitchen smelled incredible as the group whipped up two absolute classics: sweet, flaky Baklava and savoury Spanakopita. To wrap up our journey, residents mark off their latest destination on our map before choosing which country they want to explore and taste the following month. September will see residents visit Japan, come along and join us!



Today is the Day the Teddy Bears have their Picnics

One afternoon in August, we welcomed the year 1 and 2 students from the Loxton Lutheran School for a special teddy bears picnic with our residents.

The students brought their lunch boxes along and enjoyed afternoon tea, a few chats and lots of laughs with our residents. We were also lucky enough to have a special visit from Big Ted, who handed out teddy bear activity booklets and a little gift to say thank you for joining us. We finished our wonderful afternoon with a fun little game of pin the nose on the bear!



TRAEGER NEWS

Our wonderful Traeger residents have recently enjoyed a fantastic array of lifestyle activities. Residents enjoyed staying active and moving to the music during our music and movement sessions.



Our Tuesday craft afternoons brought out plenty of smiles and wonderful creativity while working with pom poms and coloured sand.



Therapy animal visits filled our home with joy as residents enjoyed some special pet therapy.



We also made the most of the beautiful weather with plenty of days out soaking up the sunshine!



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the heat proof labels, as they will wash off.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

SEPTEMBER BIRTHDAY'S

We would like to wish a BIG Happy Birthday to our residents who are celebrating in **September**

7th Evadeen Arnold

18th Peter Schulz

28th Rod Bainbridge

29th Miguela Bigg

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Staff of Riverview.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea on 08 8584 7370 for further information.

Complaints and Feedback, and Disclosures that Qualify for Whistleblower protection under section 547 of the Aged Care Act 2024 are welcome.

Riverview's Whistleblower protection officer is Clinical Care Manager Rebekah Nikolajevic ccm@riverviewresthome.com.au or 0885847370

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 17th of August at 10am.