

RIVERVIEW HAPPENINGS

JULY 2026

UPCOMING JULY EVENTS

2nd - Ballroom Dance Class Outing

3rd - RSL Outing

3rd - Mad Hatters Tea Party

5th - NAIDOC Week Commences

6th - Julie Noble Live In Concert

7th - Monthly Birthday Celebrations

8th - NAIDOC Week Outing

9th - Loxton Library Outing

14th - Bastille Day

20th - Julie Noble Live In Concert

21st - Community BBQ

23rd - Commonwealth Games Commence

23rd - Paint & Sip Outing

24th - Jarrod Loxton Art Trail Bus Tour

24th - Loxton Lutheran School Worship Service

30th - Lunch at the Local

31st - Games Morning with students from the Loxton High School



Riverview
Lutheran Rest Home Inc

Riverview Lutheran Rest Home

5 Luther Rd

LOXTON SA 5333

Ph: 8584 7370

COMMUNITY CONNECTIONS and ACTIVE LIVING PROGRAM REPORT

Despite the cold winter weather, we still enjoyed getting out into the community during June, though outings such as lunch at the Loxton Hotel, scenic bus trips and visits to Loxton Lutheran School to join their worship services. We appreciate being welcomed by Pastor Jason, the staff and of course the children and also value the benefits of staying active by walking over to the Life Centre to attend.



When the weather did challenge us a little too much, we simply adjusted our plans, by having our coffee outing "in" and enjoying takeaway coffees. This still allowed us the opportunity to share an intimate setting, where we could chat privately and get to know each other better.



The gym is the perfect place to maintain our strength, balance and mobility over the winter months, by completing physiotherapist prescribed programs or by riding one of our recumbent bikes and enjoying the view of our beautiful courtyard.



What has been happening during the month of **JUNE** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of June, \$667.00 in donations went to The Lutheran Media Ministry. If you wish to make an offering on Wednesdays during chapel, please see the Lifestyle Staff for a chapel voucher.

July Chapel offerings will be donated to Finke River Aboriginal Mission.

We are delighted to share some wonderful news about Pastor Mat's growing presence in our home. He has recently increased his time with us and is now spending Wednesday afternoon's right here in our community. Pastor Mat is dedicated to spending meaningful time with our residents and diving firsthand into daily life here at Riverview. As you can see in the featured photo, he recently joined our residents for a special afternoon of polishing our silver altar ware. These visits are already bringing immense joy to our weekly routine.



Please note that there will be no formal Bible Study session during July, as Pastor Mat will be taking some much-deserved annual leave. Our regular Bible Study sessions will resume as normal in August. We will be joined for worship by Pastor Jason Sander and Pastor Chris Georg in his absence.

Connecting Generations - Love from the Loxton Lutheran School

Our hearts are full after receiving a beautiful delivery of gifts from the students at the Loxton Lutheran School, as some of our residents were treated to a wonderful "get to know your pen-pal" package.

This special package is part of a beautiful partnership between Riverview and the Loxton Lutheran School, a connection that has been kept alive and cherished over the years.

Our residents absolutely adore any opportunity to connect with the younger generation, read their notes, and hear all about their stories and school adventures.

We extend our deepest thanks to the students and teachers at the Loxton Lutheran School for their ongoing kindness and for helping us keep this beautiful tradition thriving!

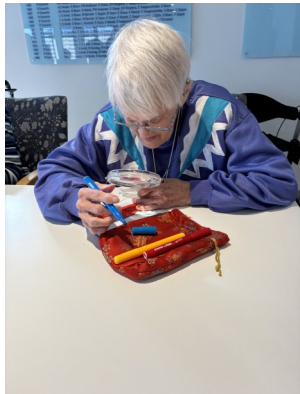


Riverview celebrates Philippine Independence Day

Riverview burst into a celebration of colour, music, and delicious flavours as we proudly acknowledged and celebrated Philippines Independence Day! This culturally meaningful occasion was especially significant for two of our beloved residents, who shared their heritage alongside their friends in an afternoon filled with culture and friendship.

The day was made even more special thanks to our wonderful team. Staff member Eva brought in stunning traditional garments for everyone to admire. In fact, the beautiful sheer jacket worn by volunteer Julie in the photo below is a traditional piece remarkably crafted entirely from pineapple fibres! To add to the authentic experience, staff member Choy delighted everyone by teaching our residents traditional Filipino greetings and phrases.

The festivities moved into the kitchenette, where residents tried their hand at making a delicious, traditional Filipino upside-down banana cake using authentic ingredients like bibingka batter and rich coco jam. The afternoon concluded with a fun karaoke session, a true staple of Filipino celebrations, where Eva and resident Miguela took centre stage, singing and dancing up a storm to everyone's absolute delight.



JULY BIRTHDAY'S

We would like to wish all residents a big happy birthday who are celebrating in

2nd Margaret Schultz

17th Rosemary Kassebaum

23rd Janice Wall

26th Jeoff Milich



Best wishes for a blessed birthday, from everyone at Riverview.

Exploring 'The Gold Standard' of Care

We recently hosted an incredibly meaningful information session titled "The Gold Standard: What Good Care Looks Like To You." The session received fantastic feedback from our residents, offering them a deeper insight into the Aged Care Standards and exploring what quality care looks, sounds, and feels like to them. It generated many conversations about what matters most to our residents, highlighting the key ingredients for a happy, safe, and fulfilling life in our home.

This gathering also provided the perfect opportunity to read aloud the Aged Care Statement of Rights. This significant document protects every individual's right to independence, autonomy, freedom of choice, and privacy. It also reinforces the importance of respectful, person-centred communication, access to advocates, and maintaining strong social connections.

Putting these rights into immediate action, longstanding Riverview Catering team member, Linda, visited residents during the session to confirm their meal orders. Her visit sparked a valuable group discussion about continuous improvement and the importance of residents sharing their thoughts on all aspects of home life. One of the primary ways we gather this information is through our regular surveys. Linda kindly read out the survey questions to the group that the Catering Team were currently working on, while Wellness Program Manager Chelsea explained how vital this feedback is. Chelsea highlighted that whether it relates to the dining experience, leisure choices, or clinical care, resident input ensures we consistently deliver a high-quality experience.

We are incredibly grateful for our residents' active participation, which helps us continuously tailor our care to their unique choices and needs.



AFL Footy Tipping

The **AFL footy tipping** is a popular activity amongst our residents and the competition is well and truly on! Here are our current leaders:



EDWARDS

1. Pat H - 93 points
2. Peter S - 86 points
3. Shirley F - 82 points

TRAEGER

1. Betty B - 75 points
2. Mick K, Rosemary K and Ruth S - 72 points
3. Shirley F - 70 points

Living Life Your Way at Riverview

At Riverview, we pride ourselves on creating a warm environment where every resident is supported to truly feel at home. We believe that a fulfilling life is built on choice, comfort, and a sense of purpose. For some, a perfect day means feeling comfortable reading the newspaper in good company, spending time out in the fresh air tending to their garden, or simply lapping up the sunshine in our beautiful courtyard. For others, fulfillment comes from remaining active and contributing directly to the life of their home. We deeply value these opportunities, supporting residents as they put their skills to use by helping with odd tasks around the home, such as folding or performing everyday household tasks. By focusing on individual strengths and preferences, we ensure that life at Riverview is always full of dignity, familiar comforts, and meaningful community connections.



Welcome Back Julie Noble



We were absolutely thrilled to welcome back the incredibly talented Julie Noble for another awesome concert in our home! Julie brought along a fantastic selection of CDs spanning all the musical genres and eras you could possibly want to hear, taking us all on a musical journey. To make the afternoon even better, the song lyrics were conveniently displayed up on the big screens in our Chapel and Wellbeing Centre, allowing everyone to easily sing along.

The concert received positive feedback from our residents, and Julie shared that she is already looking forward to many more visits with us in the future. In fact, you won't have to wait long, Julie will be returning for her much anticipated encore in July! To make sure you don't miss out on her next performance, be sure to check your monthly lifestyle programs when planning your day, so you can stay in the know about when Julie will next be in the building!



Science Afternoon with Dakota!

Our Chapel and Wellbeing Centre transformed into a bustling science laboratory one afternoon of mind-boggling experiments led by our creative Lifestyle team member, Dakota! The room was filled with curiosity as residents put on their imaginary lab coats to explore the wonders of physics and chemistry.

The hands-on fun included an array of colourful and fizzing experiments:



DIY Lava Lamps

As pictured, residents Dot and Margaret created mesmerising, bubbling lamps using a simple but clever mix of oil, water, food colouring, and aspirin!

Magic Milk

We tested how colour spreads rapidly across a plate using milk, food colouring, a cotton Q-tip, and a drop of everyday dish soap.



Walking Water

Residents watched in fascination as coloured water defied gravity, travelling and mixing as it transferred from paper towel to paper towel between cups.

The Skittles Rainbow

A visual treat, where we used warm water to make the colours move and bleed from the sweets, creating a stunning rainbow wheel.



The Density Cup

This clever challenge beautifully demonstrated different liquid density levels stacking perfectly on top of each other inside a single cup.

The Grand Finale

We finished with an explosive climax, watching Coca-Cola and Mentos shoot out of the bottle and into the air!

It was a fantastic afternoon that proved you are never too old to learn something new, ask questions, and have a bit of messy fun.



Loxton's History Sure Ain't boring

Our residents recently gathered for a fascinating viewing of "Loxton History Sure Ain't Boring." This special presentation was originally created for History Month by a dedicated team of locals who are passionate about preserving our town's rich heritage and keeping it alive for future generations. It was a wonderful opportunity to look back on the milestones and people who shaped our community.



The residents thoroughly enjoyed hearing from local speakers who brought these unique historical chapters to life. The presentation featured William Gillett speaking about Archie Cameron, a prominent Loxton Soldier Settler who served as both a Federal and State MP from 1927 to 1956. This was followed by an engaging "On the Couch" panel discussion by members of St Peter's Lutheran Church, which included an introduction by Cathy Crambrook. The screening wrapped up with Peter Lines, who captivated everyone by connecting the past and the present through beloved local country football stories. It was a nostalgic and deeply engaging session that sparked many of our own residents' memories of Loxton's vibrant past.

The Riverview Book Exchange



Avid readers Maureen and Jan have taken matters into their own hands after finishing their latest novels from the Loxton Library in record time! Not wanting to wait for the next library delivery, these two resourceful bookworms decided to create their very own book swap right here in our home to help pass the day.

Pebble Painting for Woodleigh Childcare Centre

A sprinkle of imagination and a lot of laughter filled our rooms in June, as residents turned ordinary pebbles into dazzling nuggets of pure gold! A massive, sparkling thank you goes out to our wonderful residents who lent a helping hand to create this magical collection. These shimmering treasures are bound for a very special secret mission at Woodleigh, where they will be tucked away in the sandpit, waiting for tiny hands to discover them during an epic treasure hunt.

We anticipate whisking a group of lucky residents away on a magical trip in the near future to visit the centre, where we can watch the fairytale unfold firsthand and see the children's faces light up with pure wonder. Keep your eyes on the lifestyle program so you can join us for this heartwarming adventure!



Makin' Mocktails

To chase away the winter chills on a particularly cold afternoon, we brought a little bit of tropical sunshine indoors with a fun "Makin' Mocktails" session! Our residents gathered to shake, stir, and sip a variety of bright and fruity creations. Using a delicious lineup of ingredients like tart cranberry juice, zesty ginger beer, sweet mango juice, and fresh garnishes, everyone enjoyed tasting their perfect winter warmer. Served up in our very finest, fancy glassware, the colourful drinks made for a wonderful afternoon. It was the perfect reminder that no matter the weather outside, it is always bright and sunny inside our community!



A Battle of the Brownies

Our kitchenette was filled with the irresistible aroma of rich cocoa during a fun afternoon of chocolate brownie baking! The session turned into a friendly competition as two dedicated teams worked closely together, each aiming to whip up the absolute best batch of brownies.

Everyone loved getting hands-on with the mixing, folding, and of course, tasting. In fact, some of our enthusiastic bakers couldn't resist sneaking a taste, with residents Judy and Shirley caught red-handed licking their gloves at the end of the activity! Meanwhile, resident Bev proudly declared that her favourite part was simply "making a mess," Valmai thoroughly enjoyed the overall fun of the session, and Shirley made sure no chocolate went to waste by happily eating the leftover Nutella.

The afternoon was an absolute triumph, a fact officially confirmed by our Wellness Program Manager, Chelsea. She confessed she couldn't stop at just one brownie and had to try a second one, purely for quality control purposes, to ensure they were baked just right!



Side by Side Singing

We are seeking your valuable feedback on a recent trial introduced during our community singalong sessions! To create a more inclusive experience, we trialled having our wonderful volunteer singers sit directly amongst our residents and relatives in the audience, rather than up on the stage. The goal of this change is to help everyone connect even closer with our volunteers, fostering a warm, shared singing environment rather than a traditional stage performance.



Please note that our fantastic, rotating team of pianists Anne, Rosemarie, and Merrilyn, alongside Gordon, who leads and guides us through each song, will remain on the stage to keep our music running smoothly. We would love to hear what you, our residents, and your families thought of this new arrangement. Did you enjoy having the volunteers singing right beside you? Please share your thoughts with the Lifestyle team so we can decide how best to structure our musical afternoons moving forward.

Getting Ready for Our Mad Hatter's Tea Party!

We have turned completely topsy-turvy this month as residents busily prepare for our highly anticipated Mad Hatter's Tea Party! Creative energy has been buzzing across our lifestyle programs, with residents getting hands-on to craft their very own wonderfully wild mad hats. Our art classes have also been hard at work, painting and designing whimsical, wonderland decorations to completely transform our space. The excitement and anticipation are truly building throughout the home, and we simply CANNOT wait to see you all in your quirkiest, most colourful outfits on Friday, the 3rd of July!



Behind the Care: Meet Ben



We are absolutely thrilled to officially reintroduce a very familiar face around our home, Ben! Many of you already know Ben well, as he has been with us for some time now working as a dedicated carer. More recently, Ben has shown a wonderful passion for the lifestyle space, focusing his energy on forming deep connections and creating truly meaningful moments for our residents each day.

Please join us in giving him a massive, warm welcome to the PINK team! We are so excited to see the energy and joy he brings to his new role. To help you get to know him just a little bit more in this new capacity, we sat down with Ben for a quick chat...

What is your favourite part of your day?

I've come to realise my favourite time of the day is after lunch. While I'm working at Riverview, the main work is done and I can focus on jobs that usually get overlooked and enjoy a few conversations along the way. It's the same at home, as I undertake my nursing studies, post lunch is usually my most productive study time. The exception is straight after work when all I want to do is sleep!

Tell us a recent moment that made you smile?

I may make some enemies out of this, but Port Adelaide beating the Crows over the weekend put a big smile on my face! Banter aside, I have much to be thankful for but my weekly catch up with my nephew Harrison never fails to brighten my day.

What is a fun fact about you that we may not know?

It may not seem very manly, but one of my favourite pastimes is meal prepping and cooking is something I am very passionate about. One of my favourite things to cook is soup during the winter. I make more than I need often giving extras to family. My wife, Leanne, has a love/hate relationship with my hobby, as it often results in her getting food and also a messy kitchen. If anyone has any recipe ideas or tips, I'm open to hearing them.

Loxton High School's Right Journey Visits

Over the past month, we have been absolutely delighted to welcome a number of students from Loxton High School as part of their inspiring Right Journey program. The students jump right into the fun by joining our residents for games of pool, air hockey, and beauty therapy. Our recreation room has been absolutely buzzing with laughter, excitement, conversation, and a wonderful sense of enthusiasm. It was fantastic to see our residents getting fully involved in the friendly games and thoroughly enjoying a bit of well deserved pampering from the younger generation. This wonderful connection brings so much joy to our community, and we are incredibly grateful to the Loxton High School students for sharing their time and energy with us!



TRAEGER NEWS

The Joy of a Bubble

Our courtyard floated with colour one afternoon as residents headed into the garden for a joyful time of bubble-blowing with Allira! Taking advantage of the pleasant weather, everyone loved watching Allira creating giant, shimmering bubbles in the air. This simple pleasure brought back wonderful memories and filled the afternoon with laughter and smiles. Thank you, Allira, for such a delightful outdoor activity!



Gone Golfin'

Our Traeger residents certainly know a good time, and they absolutely love a little friendly competition! Lifestyle staff transformed the recreation room into our very own putting green, as everyone lined up for an exciting game of indoor mini-golf. There were plenty of cheers and laughs as residents showed off their impressive focus, skill, and team spirit while aiming for that perfect hole in one.



Crafted with Care

Our residents enjoyed a relaxed and focused afternoon of bead threading and jewellery making one week. The tables were covered in a beautiful array of colours as everyone selected their favourite beads to design custom necklaces and bracelets. This light hearted activity was highly engaging and served as an excellent way to practice fine motor skills and patience. It was wonderful to see everyone chatting together while working away on their designs, and the room was filled with proud smiles as residents held up their completed, handmade masterpieces.



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the heat proof labels, as they will wash off.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 17th of August at 10:00am.

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea for further information.

Can You Help?

Do you have any trendy, ribbed vases? We're hoping to replenish our stock so we can continue to enjoy flower arranging sessions. If you have anything suitable (small to medium sized) you are willing to donate, please contact the Wellness Program Manager Chelsea on 08 8584 7370.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

Complaints and Feedback, and Disclosures that Qualify for Whistleblower protection under section 547 of the Aged Care Act 2024 are welcome.

Riverview's Whistleblower protection officer is Clinical Care Manager Rebekah Nikolajevic ccm@riverviewresthome.com.au or 0885847370

Assorted Cards

Should you need a card for an occasion, look no further than the assorted cards available to be purchased at Reception for just \$2.