

RIVERVIEW HAPPENINGS

JUNE 2026

UPCOMING EVENTS

- 1ST JULIE NOBLE LIVE IN CONCERT
- 4TH LOXTON LIBRARY OUTING
- 12TH PHILIPPINES INDEPENDENCE DAY
- 12TH LOXTON LUTHERAN SCHOOL WORSHIP
- 15TH RESIDENT AND REPRESENTATIVES MEETING
- 22ND TOPICAL BIBLE STUDIES WITH PASTOR MAT
- 22ND JULIE NOBLE LIVE IN CONCERT
- 25TH LUNCH AT THE LOCAL OUTING
- 26TH LOXTON RSL VISIT
- 26TH LOXTON LUTHERAN SCHOOL WORSHIP



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CEO REPORT

If you've visited our Chapel and Wellbeing Centre recently you may have noticed the change of scenery! In preparation for the building of our new 22 bed extension, Cottages 11 & 12 have now been demolished, and I am pleased to announce we have signed a contract with local builder Michael Kregar Building Pty Ltd, with works scheduled to commence early August, and completion planned for November 2027.

The extension will be built on the lawn area and over the steep slope on a suspended slab on the Northern boundary of our property with a large living area overlooking the Murray River and Katarapko Island through the canopy of the beautiful big gum tree on top of the cliff.

The Hallway that currently houses rooms 19-28 will continue towards the river, with 2 additional rooms, a nurses station and a staff room added, this will lead to the new living area overlooking the river. The new wing will comprise of 20 rooms, a nurses station, storage areas, and staff room, with the passageway also leading to the living area overlooking the river. It will be accessed from the eastern side where the door near the laundry currently goes out to the lawn area. A landscaped courtyard will provide a new outdoor area with seating between the new building and the existing Northern side rooms, accessible from both ends.

The new rooms will have separated living and sleeping zones, similar to the footprint of our existing rooms 1-10, but will be a little wider to more comfortably accommodate king single beds. All new rooms will have both solid and screen doors.

I would like to thank all staff, residents, our board and architects Brown Falconer for their input into our Master planning and the more detailed planning that has gone into designing this new space, which has been planned taking into consideration river views, comfort and useable living spaces for residents, infection control, airflow, the ability to separate various areas in the event of outbreaks, amenities for staff, residents and visitors, the flow and layout of staff areas for effectiveness, and many other things.

We will keep residents well informed on the progress of works, in particular those who have rooms next to the building site. The contracted builder is experienced in undertaking work on our site and inside the home, having built the Chapel and Wellbeing centre right next to existing resident rooms, and has also undertaken the improvements made to our hallways and dining room, so is well aware of the importance of minimising noise and disruptions to residents wherever possible.

Exciting times ahead!

Nicolle Jachmann
Chief Executive Officer

Community Connections and Active Living Report

Our walking groups have grown in recent months, with our residents enjoying the chance to get outside into the sunshine and fresh air, while also gaining the benefits of exercise & social interactions. We often stop for a quick rest and recently enjoyed the chance to watch a building being demolished in preparation for our exciting new extension.



During May, we headed to The Precinct in Loxton, to watch the Riverland primary schools annual SAPSASA netball tournament. We arrived just in time to watch our friends from Loxton Lutheran School, who impressed us with their enthusiasm, teamwork and skills. While at The Precinct, we took the opportunity to have a look at the amazing facility, including a ride in the lift up to the mezzanine, where we could appreciate the wonderful view from above the courts and football oval.



Our residents value the ability to get out into the community and continue the activities they enjoyed prior to entering residential aged care. We regularly enjoy outings such as coffee or a cuppa at Rusty Spoon Café and lunch at the Loxton Hotel. These outings bring joy through companionship, shared memories and connection to our local community, often providing opportunities to catch up with familiar faces and enjoy a friendly chat.



Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations. For the month of May \$758.00 in donations went to Beyond Blue. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher. June Chapel offerings will be donated to Lutheran Media Ministry.



Thank You!

A donation from Julie Noble

We would like to extend a heartfelt thank you to Julie Noble, a talented local artist, for generously donating a collection of beautiful artwork for our residents to enjoy in their home. Many of the pieces were thoughtfully chosen around themes that hold special meaning and familiarity for our residents, including cattle dogs, farm animals, and more! These artworks not only brighten our space but offer the opportunity to encourage a trip down memory lane.

5 Ways to Wellbeing

Achieving balance does not require massive lifestyle shifts. Small, intentional daily choices can significantly boost your mental and physical health.

Use these five simple strategies to enhance your overall wellness.

Connect with loved ones. Strong social bonds reduce stress and bring joy. Make time for a phone call, a shared meal, or a meaningful chat.

Move your body. Movement boosts your mood and energy. Find an activity you enjoy, whether it is walking, tai chi, yoga, or dancing.

Slow down for small moments. Savour the present. Pause to appreciate a warm cup of tea, a beautiful sunset, or a quiet morning.

Stay curious and keep learning. Challenging your brain keeps your mind sharp. Read a new book, try a craft, or explore a fresh topic.

Give what you can. Helping others boosts your own happiness. Offer your time, a kind word, or a helping hand to someone in need.

Mother's Day at Riverview

For Mother's Day this year, our residents enjoyed a beautiful afternoon of pampering and relaxation, offering hand and foot massages, facials and special treats to eat and drink.



To follow on with our Mother's Day festivities, we held our annual Mother's Day High Tea event, showering the Mother figures who choose to call Riverview home with love. Thank you to all who made our day so special and a BIG congratulation's to nurse Meg on winning our Mother's Day raffle!



Filming at Riverview

No, you aren't on a reality TV show! Your eyes aren't deceiving you, we have officially been filming our brand new television adverts right here onsite.

We can't wait to show you the final cut. Keep your eyes peeled for our new adverts hitting your screens very soon!



Magnetic Dart Fun

A few of our gents have been getting together in the lounge for some friendly games of darts. There has been a lot of laughs, plenty of missed targets, and a bit of healthy competition between them.

It is great seeing everyone rally around to cheer on them on.

Unfortunately for Carer Molly and Wellness Manager Chelsea, they took home the coveted wooden spoon on the day!



Baking with Dakota

Our residents enjoyed making their own 'aquarium' at home using white chocolate short biscuits as the base, melted lollipops to create the aquarium windows, and different shaped sprinkles for the fish! We've been told that the smell from the melted lollipops made mouths water and residents had a ball personalising their very own biscuit using cookie cutters!!



Home is where love resides, memories are created, friends always belong, and laughter never ends



Wilburs Wildlife Experience

We had some very special visitors at our home one afternoon as Wilburs Wildlife brought the Australia bush right to our doorstep.

Our residents, relatives, and staff had an incredible time engaging with a variety of native creatures, including a ringtail possum, a spotted python, a turtle, frill neck lizards, a stick insect and a green tree frog.



Biggest Morning Tea

We recently came together to host Australia's Biggest Morning Tea in our Chapel and Wellbeing Centre. Our wonderful lifestyle and volunteer team kept everyone entertained with lively games, while our talented catering team served up a delicious spread. Thank you to everyone who joined us to raise awareness and support this important cause.



Good Times in the Garden

Gardening adds years to your life, and life to your years!



National Reconciliation Week

We recently marked National Reconciliation Week with a vibrant and meaningful program of events, kicking off with the sharing of powerful Dreamtime stories. Residents also participated in interactive cooking classes to make delicious wattle seed and thyme damper, alongside engaging in various cultural arts and crafts sessions throughout the week. The celebrations concluded with a fantastic group trip to the Loxton Library, where we gathered to watch a special Nunga film screening.



National Volunteers Week

To celebrate National Volunteer Week, we had the absolute pleasure of hosting our wonderful volunteers for a special afternoon tea and presentation. The event was a small gesture to thank them for the incredible generosity, time, and heart they give to our community every single day.

This year's national theme is **'Your Year to Volunteer'**. It is a powerful reminder of how much impact a single person can make. Our team took the opportunity to present our volunteers with tokens of appreciation and share stories, while we enjoyed some sweet treats, lovingly prepared by our wonderful catering team.

We truly could not do what we do without their support. A massive thank you to our team of legends, you make our home a brighter place!



Meet Our Volunteers

Meet Nieske



Why do you love Volunteering at Riverview?

I choose to volunteer at Riverview as I feel it's such a loving, caring community to just give the residents some love. It makes me so happy!

Meet Our Volunteers

Meet Lorraine



What is the most rewarding part of being a volunteer?

I enjoy going to Riverview to try and bring some joy to the residents for singing (even though the voice is not good).

What is the most rewarding part of being a volunteer?

I love the people and the staff!
Volunteering gives me great pleasure!

Meet Julie



Meet Dianne



What is the most rewarding part of being a volunteer?

My Mum had dementia and I couldn't volunteer at her nursing home because of Covid. She loved music day there and I never got to be there for it. I feel I am paying back in some way to the residents at Riverview and thinking of her at the same time. I look forward to seeing their happy faces enjoying the singing and getting to know them in a small way.

What is the most rewarding part of being a volunteer?

I love singing for the residents and I always look forward to Thursdays as I know the residents love it too. Music is good for the aged and those living with dementia too.

Meet Pat



Meet Our Volunteers

Meet Leanne



Why do you love volunteering at Riverview?

Riverview has a really positive, calm, caring and supportive vibe throughout the entire facility. A friendly, engaging and caring team to be around and they really listen to and include everyone. I feel truly and genuinely really appreciated here, and it feels like I've come back home. We as volunteers have a real heart to give back to the residents, but when we are treated with respect and kindness, we feel truly appreciated. I can't wait to come back each week to volunteer as we feel blessed back, as well as part of a lovely team. It feels like extended family here and that's so important for the residents to feel that too! To help support and assist them, while adding joy, comfort, reassurance and fullness to their days, is what is most important and what its all about. I love my volunteering days!

What is the most rewarding part of being a volunteer?

Seeing the enjoyment of the residents and their genuine, heartfelt appreciation they show... a polar opposite to the classroom!

Meet Carly



Why do you love volunteering at Riverview?

My time spent volunteering at Riverview to sing with the residents is a two-way positive. They tell me it is the highlight of their week, as they also love to hear the happenings of my week. The recognition and love I receive in return also makes my day.

Meet John

What is the most rewarding part of being a volunteer?

Seeing people happy! I enjoy giving my time to others.

Meet Maxine



Traeger News

Our Traeger residents have been brought some immense joy by the smallest members in our community, bonding instantly while making music together with musical instruments, building tall towers out of foam blocks and challenging each other to games such as connect four. Children always have the ability to fill a room with life, laughter, and purpose for everyone involved.



Crafty Days

Crafty days in Traeger bring a beautiful sense of calm, focus, and joy to our home. Residents love immersing themselves creatively during activities such as weaving, knitting, painting and scrapbooking as pictured here with residents Vonny, Miguela, Rosemary, Betty and Lenore. It is incredibly rewarding to watch these unique projects come to life, showcasing the talent, patience, and personal stories within our Riverview community.



Traeger News

Our home comes alive with energy and laughter during our active game sessions. Our Traeger residents love the friendly competition of ten pin bowling, knock 'em down, and various team ball games. The excitement peaks during our fast-paced rounds of balloon volleyball, which always brings out plenty of smiles. These activities are a fantastic way for everyone to stay moving and enjoy some lighthearted fun together.



At home with Beryl and Wendy

What is the best thing about living at Riverview?

Beryl - I love the atmosphere, being able to sit and read while watching the world go by.

Wendy - The best things about Riverview is having my own personal chef, the range of activities and the opportunity to still connect within my community and borrow books from the local library.



Behind the Care: Meet Jasmine

What is your favourite part of your day?

Seeing the residents engaged in activities and genuinely enjoying themselves. It is very rewarding to support an environment where residents feel happy, included, and encouraged to participate, while building meaningful connections with both other residents and the Riverview Team!

What brought you to Riverview?

My passion for caring for others and making a positive difference in peoples lives but what makes me stay is the strong sense of community, supportive team environment, and the rewarding relationships I have built with the residents. Being able to make a positive impact in their daily lives and seeing their happiness makes my work truly meaningful.

Tell us a recent moment that made you smile?

When Wilburs Wildlife visited Riverview and brought the Australian bush experience into our home. Seeing the residents so excited, engaged, and enjoying their time with the animals was really special to be part of.



Riverview Community Notes

The Importance of labelling everything

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 17th of August at 10:00am

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea for further information.

What does maintenance do?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team. OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Have you got anything to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room. A comment, concern or suggestion can be made by filling out a form and placing it in the box.

Riverview's Whistleblower

Complaints and Feedback, and Disclosures that Qualify for Whistleblower protection under section 547 of the Aged Care Act 2024 are welcome.

Riverview's Whistleblower protection officer is Clinical Care Manager Rebekah Nikolajevic

ccm@riverviewresthome.com.au or

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