

RIVERVIEW HAPPENINGS

March 2026

UPCOMING MARCH EVENTS

3rd - Mingle with Maxine (New)

6th - Coffee Outing (New)

9th - Adelaide Cup Public Holiday

12th - Loxton Library Outing

13th - Loxton Lutheran School Worship Service (New)

17th - St Patrick's Day (Let's wear GREEN today)

17th - Mingle with Maxine (New)

20th - Local Shopping Outing (New)

21st - Harmony Day

26th - Tai Chi with John Kindness (New)

26th - Lunch at the Local

27th - Loxton Lutheran School Worship Service (New)

30th - Bible Studies with Pastor Mat Eckermann (New)



Riverview
Lutheran Rest Home Inc

Riverview Lutheran Rest Home

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LOXTON SA 5333
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CEO Report

Did you know that Riverview currently employs around 100 staff from across the Riverland region? That makes us a significant employer within our community. We are continually striving to improve both the knowledge of our staff, and the quality of care we deliver. Early February we were blessed to have Dementia Australia deliver face to face funded E-esc (Virtual Reality De-escalation Training) with our staff, this combined VR Headset experiences with engaging discussions and learnings. By integrating technology with traditional face to face training methods, staff gained deep insights and practical knowledge in de-escalating behaviours in people living with Dementia.

We are currently blessed to have staff that truly care for the wellbeing of our residents', strive daily to enhance the quality of life at Riverview, and are keen to enhance their knowledge to care for our residents as best they can.

Another important part of life at Riverview is looking at how we can do things better, smarter, and more efficiently to improve the wellbeing of our residents. Our Management Staff attend conferences and trainings to keep us up to date on the latest in the industry, and bring those learning back to implement at Riverview. As residents and family members, you also play an important role in this process by letting us know what we do well, and also offer your suggestions on what we could do better.

We are happy if you are. There is nothing quite as motivating as receiving a kind word. In fact, when someone compliments our staff members it helps us to recognise our employees appropriately and enables us to continue to do the things that our residents and their families appreciate. So, if you have experienced outstanding service, please let us know so we can pass it on.

We also need to know if you have concerns or ideas for improvement. We are dedicated to providing you with the best level of service. Even with the greatest effort and best intentions, sometimes things could have been done better. When this happens, we want to hear about it. That way we can rectify any problem as quickly as possible and continue to improve our services.

There are various ways to let us know your thoughts, or to send a message of thanks or appreciation to one of our staff. Suggestion boxes can be found in both Edwards (dining room) and Traeger. You can also provide us with feedback under the Contact Us section of our website, by clicking on the Feedback Button and completing the form. Alternatively, you can speak directly with one of our friendly staff.

Thankyou for choosing Riverview,

Nicolle Jachmann
Chief Executive Officer

CLINICAL CARE MANAGER REPORT

Helping Us Keep Wardrobes Safe, Clean and Organised

Families play an important role in helping residents feel comfortable, dignified and at home. One way families can support this is by occasionally helping to review and tidy their loved one's wardrobe and drawers during visits.

Over time, clothing can become worn, damaged or no longer suitable for the season. Shoes may also wear out or become unsafe, increasing the risk of trips or falls. In some cases, wardrobes and drawers can also become very full, making it difficult to keep items organised.

We also sometimes find food items or packaging stored in wardrobes or drawers which may be forgotten and spoil over time. This can create hygiene concerns and contribute to clutter or hoarding behaviours that make it harder for staff to safely support residents with dressing and personal care.

When visiting, we encourage families to take a few moments to:



Check clothing – Remove items that are worn out, damaged, or no longer suitable.



Review footwear – Ensure shoes are safe, supportive and well fitting.



Keep wardrobes manageable – Too many items can make it difficult to keep spaces organised.



Remove rubbish or old food – Forgotten items can spoil and create hygiene issues.

Our team supports residents with daily care, however family involvement in managing personal belongings helps ensure wardrobes remain clean, safe and easy to maintain.

Thank you for working with us to support your loved one's comfort, dignity and wellbeing.

Bek

A chat from Pastor Mat

Howdy folks, it's a real privilege for me to begin sharing a short devotion each month in this magazine. For those who may not know me yet, my name is Pastor Mat, and I'm grateful to be walking alongside you in faith and life. I'm married and we are a family of four – Liz my dear wife of 30+ years and our two boys by the names of Ewan and Brayden. Ewan lives in Adelaide and Brayden lives with us.

One of the blessings of a church family is that we encourage one another along the way. Life can be busy, uncertain, and sometimes heavy. But God continually brings us back to what matters most — unconditional and undeserved grace for us in Jesus. My hope is that these brief devotionals each month will be a simple reminder of that truth: that God meets us in the middle of ordinary life with His extraordinary grace – and how do we know this? because God so loved. Many people know these words well:

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.” (*John 3:16–17*).

These verses are sometimes called the Gospel in a nutshell. They remind us of something very important about God. God's starting point toward the world is not anger, rejection, or condemnation. His starting point is love. And notice who God loves – this world; the world we are now living in, made up of people; not just good people; not just religious people; not just people who have their lives together. God loves the world — a world that seems to be often broken, confused, and struggling. That includes us. Because of that love, God didn't stand at a distance. He came close. He sent His Son, Jesus who stepped into our world, into our mess, and into our suffering.

Ultimately Jesus went to the cross, taking our sin upon Himself so that we could receive forgiveness, life, and peace with God. And this promise is wonderfully simple: “Whoever believes in Jesus.” Not whoever is perfect. Not whoever earns it. Simply whoever trusts in Jesus. That means this promise is for you. No matter what your week has looked like, no matter what you carry with you today, God's heart toward you is mercy. In Christ, you are loved. In Christ, you are forgiven. In Christ, you are given life. That is the good news that continues to shape our lives and our community together.

Cheers for now. Pastor Mat.

Community Connections and Active Living Manager Report

As we welcome Chelsea back into the Wellness Program Manager role, I am excited to share that I have moved into a new position as Community Connection and Active Living Manager. This program will focus on creating more opportunities for residents to go out into their local community, while also supporting active living within the home.

Residents will continue to enjoy many of our much-loved activities, including scenic bus trips, lunch at the local, library visits and special events. Alongside these, we will be introducing more small-group outings such as coffee catch-ups, shopping trips and visits to local attractions and places of significance. We also look forward to strengthening our connections within the community by increasing visits to local schools and community groups, as well as enjoying trio bike rides through the town.

The Community Connection and Active Living program will run alongside our existing lifestyle program. Therefore, while some residents are out and about enjoying these community outings, our wonderful Lifestyle Team will continue to deliver engaging activities within the home, ensuring there are a variety of options available.

Another key focus of the program is Active Living. Residents will have the option to visit the Riverview gym more frequently to complete their supervised exercise programs, supporting their strength, mobility and physical wellbeing. We will also be exploring additional ways to encourage movement and activity through both planned programs and everyday opportunities to stay active.

I look forward to working alongside our residents, families, staff, and volunteers to create exciting new opportunities that strengthen community connections and support active living.

Thankyou,
Kerri.



What has been happening during the month of **FEBRUARY** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of **February** \$626.80 in donations went to the Riverview Rest Home. Thank you for your kind offerings. If you wish to make an offering on Wednesdays during chapel, please see the Lifestyle Staff for a chapel voucher.

March Chapel offerings will be donated to Loxton Lutheran School to purchase bibles for students.

Shrove Tuesday

As the smell of fresh batter and sizzling pans filled the air, our residents gathered for a delicious Shrove Tuesday celebration. There is nothing quite like a fresh pancake served straight from the pan and lifestyles Dakota certainly kept them coming!

While we all enjoyed the sweet treats, Shrove Tuesday carries a long-standing tradition to feast before the start of Lent. To ensure no food went to waste, families would use up all of their luxury ingredients, like eggs, milk, sugar, and fats, before the fast began. The easiest and most delicious way to do that was... making pancakes!!



Happy Birthday!

We would like to wish a BIG Happy Birthday to our residents who are celebrating in

MARCH

2nd Morrie Schiller

10th Neta Awege

10th Gloria Farley

18th Pam Bond

24th Peter Curtis

25th Judy Pfeiffer

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Lifestyle Team and the Staff of Riverview.

LET THE GAMES BEGIN

The spirit of the Winter Olympics took over Riverview one afternoon in February, as our lounge room transformed into an arena as residents went head-to-head in a series of entertaining games.

From Ice Hockey and Curling matches to the high speed thrills of Bobsledding, the competition was fierce but the sportsmanship was even stronger, as residents cheered one another along and chanted "Aussie, Aussie, Aussie, Oi, Oi, Oi"!

A special shout out to resident Peter, who did us proud as our official Torch Bearer, opening our ceremony and setting the perfect tone for an afternoon of fun and laughter.



Handmade with Love

February saw residents gather together to whip up some delicious (and slightly nostalgic) batch of Apricot Macarons. While the end result was a tray of golden sweet treats, the real highlight was the trip down memory lane that the ingredients inspired.

The familiar scent of apricots immediately sparked stories of childhoods and long summer days spent cutting apricots, a chore that felt like a rite of passage for so many growing up.

Of course, the best part of any baking session isn't just the fruit... its what's left in the tin! It seems some traditions never change, as the sight of condensed milk brought back fond memories of sneakily licking the spoon when no one was looking. Shirley made sure to not waste a single drop of that delicious condensed milk.



LOXTON'S 69TH ANNUAL MARDI GRAS PARADE

THEME: DISNEY

After weeks of getting crafty and creative, our residents finally debuted our "It's a Small World After All" float at the 69th Annual Loxton Mardi Gras. It was a spectacular explosion of colour, creativity, and community!

The real star of the show? Teddy the cat, who didn't want to miss out on all the fun.

A huge thank you to everyone who cheered us along and to our residents and lifestyle team for their incredible hard work!



Loxton Lutheran School Bible Presentations

Throughout the month of February, our residents monthly chapel donation went towards supporting the spiritual journey of the younger generation. Residents were thrilled that the funds were used to purchase Bibles for the year 3 students at the Loxton Lutheran School.

To share their appreciation, the Loxton Lutheran School graciously invited a group of our residents, staff, and volunteers to attend their special Bible Presentation Ceremony.

We would like to extend a sincere thank you to the staff and students of the Loxton Lutheran School for such a warm welcome and the opportunity to connect with the children and see the direct impact of their donation.



Personal Pursuits



At Riverview, we are constantly inspired by the vibrant lives our residents lead. Age is truly just a number when it comes to the passions that spark joy, and during February, we wanted to shine a spotlight on two wonderful ladies who remind us of the beauty of sharing our talents.

If you've heard the sweet sound of music drifting through the hallways, you likely have Jan to thank. Jan has a lifelong love for music, and there is nothing she enjoys more than sitting down at the keys to play.

On this particular day, she shared her gift with her dear friend Rita, performing a private concert. It was a beautiful reminder of how music can connect us and brighten even the quietest of afternoons.



Over in her craft corner, Valma has been busy at work with her beautiful card-making. For Valma, card-making isn't just a hobby, it is her way to give back. She continues to spend her time creating intricate, handmade cards for the St Peters Church Card Making Group, ensuring a touch of handmade kindness reaches those in the wider community.

What is your passion? Hobbies as such are what makes our community such a rich and interesting place to live. Seeing Jan and Valma pursue what they love, and use it to bring joy to others, is a wonderful example of the lifestyle we cherish here.

TRAEGER NEWS

Our competitive spirits were in full flight during a recent ball games session, with the highlight undoubtedly being a hilarious game featuring lifestyles Sharon, who donned a pair of large pink pants. Residents had to throw balls into the giant trousers, leading to fits of laughter and some very impressive trick shots!



Sharon's new uniform.. Practical? No... Hilarious? YES!

We've also been exploring the digital world with our Tovertafel Table. The table has recently been updated with a fresh batch of games and activities! Residents have been particularly enjoying the new shining silverware task, which has been a hit for sensory stimulation!



When we weren't busy playing games, we were soaking up the sunshine in the garden, tending to our flowers that bring peace and pride to so many of our residents. To top off the outdoor time, Lifestyles Michelle treated residents to a luxurious foot spa, the perfect way to relax those tired toes.



Finally, we shared a very special moment for Margo and Dean, who celebrated their 64th wedding anniversary. It was a beautiful occasion to honour their lifelong commitment and to celebrate the love that continues to inspire everyone around them.

RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the heat proof labels, as they will wash off.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the home for follow up.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 13th of April at 10:00am.

Can You Help?

Do you have any small pieces of wooden furniture that you no longer need? We are after some sanding projects for our residents. If you have anything suitable you are willing to donate, please contact the Wellness Program Manager Chelsea on 8584 7370.

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea for further information.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome Residents and their Relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

NEW CLOTHING REMINDER

Please ensure new clothing is left at reception or in the resident's room in a bag labelled

For Laundry

Complaints and Feedback, and Disclosures that Qualify for Whistleblower protection under section 547 of the Aged Care Act 2024 are welcome.

Riverview's Whistleblower protection officer is Clinical Care Manager Rebekah Nikolajevic