



# Riverview Happenings

## January 2026



### Monthly Newsletter

Riverview Lutheran  
Rest Home  
5 Luther Rd  
LOXTON SA 5333  
Ph: 8584 7370

1st  
New Year's Day

15th  
Lunch at the Local

20th  
Monthly Birthday  
Celebrations

23rd  
RV Reveller's Group  
With John Kindness

26th  
Australia Day

## CEO Report

Welcome to 2026 ! I'm not sure how it is already the middle of January, the year is flying by already. I hope you all had a lovely Christmas and New Year, and were able to enjoy the festive season. I enjoyed a few days off between Christmas and New Year to spend time with my family, they all live outside of the region, so it was lovely to have everyone home.

2026 is going to be a very exciting year at Riverview, with our 22 bed extension scheduled to start in April. We are currently waiting on building/development approvals, which are hopefully not too far away now. The architect/project manager will be onsite again in January and we have a few final selections to still make. Demolition of Cottages 11 & 12, that sit on top of the cliff where the new extension living area will be located, will commence in coming weeks.

Once approvals are received I will arrange for the plans to be printed onto a large corflute sign that can be displayed in the Recreation Room, so that everyone can see what the new extension will look like.

There is significant ongoing demand for Residential Aged Care locally, our team receive many calls each week from people that urgently need aged care, but unfortunately and sadly we are currently unable to help, as we are usually always full, and when we do have a vacancy we are often admitting the person with greatest need at that time, and unfortunately don't have room for everyone that needs care and would like to come here. The 22 bed extension will be very welcome and will help to fill a much needed void that currently exists in the area. This time next year, we will only be about 3 months away from opening, and with a busy year ahead, I'm sure it will be here in no time.

As always, we strive to provide the best possible care and services, if you have any concerns or feedback, please don't hesitate to let us know so we can improve on the things we could do better and keep doing the things we do well.

Thankyou for choosing Riverview,

Nicolle Jachmann  
Chief Executive Officer

## Happy Birthday!

We would like to wish a big Happy Birthday to our residents who are celebrating in **January**



**9th Coral Roberts**

**24th Margot Kilsby**

**29th Lee Perrin**



We hope you have a blessed Birthday and a memorable year ahead.

Many blessings and best wishes from everyone at Riverview.

## **Resuscitation Decisions: One Clear Answer When Seconds Matter**

### **From the Clinical Care Manager**

In a medical emergency, there is often only one question that matters: Is this person for resuscitation, or not?

When that answer is unclear, the consequences can be distressing—for patients, families, and healthcare staff alike.

Many people now have Advance Care Plans that thoughtfully outline their values, goals of care, and treatment preferences. While these documents are essential, they do not always provide the immediate, unambiguous direction required in a cardiac or respiratory arrest. In those critical moments, clinicians need a clear, legally recognised resuscitation order.

Resuscitation is not a benign intervention. Cardiopulmonary resuscitation (CPR) can involve chest compressions, electric shocks, and invasive procedures. For frail older people or those with advanced illness, the likelihood of a meaningful recovery is often very low, and the risk of harm is high. Whether CPR should be attempted is a medical decision that must be made carefully, discussed openly, and documented clearly.

The 7-Step Pathway for Resuscitation Planning is the recommended approach to doing exactly this. It provides a structured process to determine and record whether a person is for resuscitation or not for resuscitation, based on their clinical condition, likely outcomes, and—where possible—their wishes.

Importantly, the pathway does not replace Advance Care Planning. Instead, it complements it by translating broader goals of care into a clear, actionable decision that can be followed in an emergency. It ensures the resuscitation status is reviewed, communicated, and understood by all involved in the person's care.

Clear resuscitation orders protect everyone. They prevent unwanted or non-beneficial interventions, reduce distress for families, and give healthcare workers the confidence to act quickly and appropriately when every second counts.

When a crisis occurs, ambiguity is not an option. Clear resuscitation decisions—documented using the 7-Step Pathway—ensure that care is not only swift, but right.

## **AI Hearing – On-site hearing care for Riverview Lutheran**

### **Meet Alex**

I'm Alex Lau, your local Riverland audiologist from AI Hearing. I visit Riverview Lutheran Rest Home to provide on-site hearing consultations and gentle ear wax management, with short wait times and clear, easy-to-understand advice.

Services include routine hearing checks, hearing aid support (checks, cleaning, troubleshooting and adjustments), and assistance for residents experiencing blocked ears or reduced hearing. I come to you and keep the process simple, comfortable and respectful.

To book an on-site appointment, you can speak with the care team, or contact me directly at AI Hearing on

**0436 016 973** or [admin@aihearingcare.net](mailto:admin@aihearingcare.net). We're here to help residents hear well and enjoy everyday conversations again.



## What has been happening during the month of December at Riverview?

### Intergenerational Fun at Loxton High School

As part of Loxton High Schools Curriculum Enrichment Week, residents were invited to join students at the school to interact through games, teaching, conversation and story telling. A wonderful time and memorable experience for both students and residents.



### Keeping Active

We enjoy staying active through a variety of games and activities each week.



### Dakota's Prom

In early December, lifestyle's Dakota shared a very special day with the residents. She got ready for her high school prom here at Riverview, assisted by Mum Amanda (RN) and some very proud helpers. Dakota was a true princess and we thank her for allowing us to be a part of this most important occasion.



## Christmas at Riverview

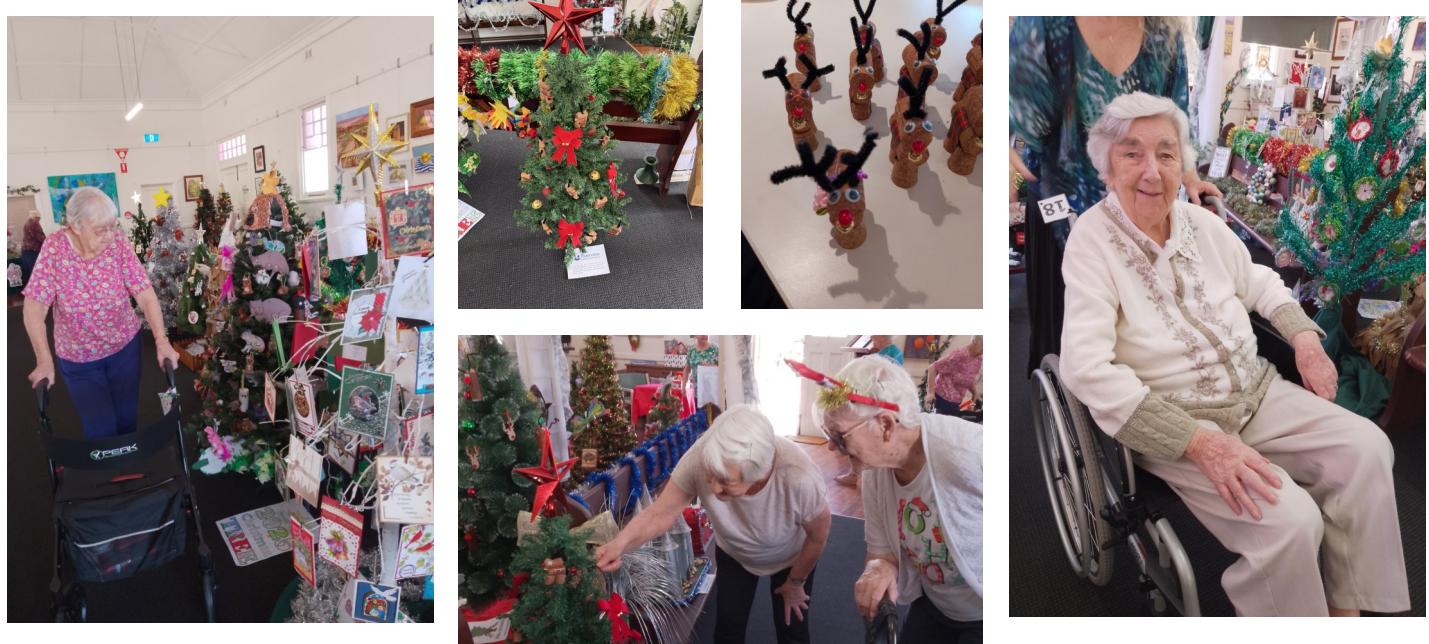
What a wonderful time we have had celebrating both joy and meaning of Christmas. Beginning late November and throughout December, we kept busy with a wide variety of festive activities and special events.

### Turning Riverview into a Christmas Wonderland

Our residents in both Edwards and Traeger played a part in bringing the festivities to their home, helping to decorate their common areas and Christmas trees.



**Getting crafty**, creating reindeers to decorate our tree in the Christmas Tree Display and enjoying a visit to view all of the amazing trees entered by many groups within our community.



## Loxton Lights Bus Tours

Throughout December, lifestyle staff and volunteers took three bus loads to view Christmas Wonderland and the beautiful lights displays in Santa's Walk and throughout the streets of Loxton.



**Traeger** residents enjoyed their own Christmas party in December, thanks to a kind donation from one of their residents.



## Christmas Baking, Craft and Movies



We were so very excited to welcome **Loxton Lutheran School** students, who performed a beautiful Christmas concert for us in our Chapel and Wellbeing Centre.



## Carols at Riverview

How blessed we were to be joined by a group of community singers and pianists, who sang well known and loved Christmas carols in both Traeger and Edwards and inviting residents and staff to sing along and truly enjoy the magic and meaning of Christmas.



## Christmas Day

While some residents went out with their families, others celebrated by inviting their families in to join them for a festive Riverview Christmas lunch.



We hope all of our residents, staff, volunteers, families and friends had a wonderful Christmas and a Happy New Year!



# RIVERVIEW COMMUNITY NOTES:

## NEW CLOTHING REMINDER

Please ensure new clothing is left at reception or in the resident's room in a bag labelled

For Laundry

## The importance of labelling **EVERYTHING**

We ENGRAVE items for FREE, just bring them to office.

Having **EVERYTHING** labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the heat proof labels, as they will wash off.

## Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 15th of December.

## Can You Help?

Do you have any small pieces of wooden furniture that you no longer need? We are after some sanding projects for our residents. If you have anything suitable you are willing to donate, please contact the Wellness Program Manager Kerri on 8584 7370.

Complaints and Feedback, and Disclosures that Qualify for Whistleblower protection under section 547 of the Aged Care Act 2024 are welcome.

Riverview's Whistleblower protection officer is Clinical Care Manager Rebekah Nikolajevic [ccm@riverviewresthome.com.au](mailto:ccm@riverviewresthome.com.au) or 0885847370

## WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

## Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

## Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of December, \$850.00 in donations went to Australian Lutheran World Service Appeal . If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

**January Chapel offerings will be donated to Gideon's International In Australia Inc.**