



Riverview Happenings

December 2025

*Merry
Christmas*
AND HAPPY NEW YEAR



Monthly Newsletter

**Riverview Lutheran
Rest Home**

**5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370**

**3rd & 4th Christmas Lights
Tours Edwards**

**5th Bus trip to Christmas
Tree Festival Display**

**8th Loxton Lutheran School
Christmas Concert**

**9th Intergenerational Fun at
Loxton High School**

**15th Resident and
Representative's Meeting**

19th Carols by Candlelight

**22nd Christmas Lights Tour
Traeger**

25th Christmas Day

I would like to take this opportunity to wish you all a Very Merry and Blessed Christmas and all the very best for 2026. I'm not sure how it is already December, the year has absolutely flown by, and here we are nearly Christmas again.

2025 has been another busy year here at Riverview the commencement of the New Aged Care Act has kept us very busy administratively and has involved additional training for all of our staff, we have also rolled out Care Window, purchased additional King Single Beds, taken delivery of the new pool/air hocky/table tennis table, installed 5x hi tech mattresses for best practice pressure area care for immobile residents, introduced moulded food for texture modified diets, added another recumbent bike to our gym and have been working closely with architects Brown Falconer on finalising the plans and design for our new 22 bed extension.

Many of our staff have also attended conferences and offsite education to keep up to date with best practice and find the latest and greatest equipment and technology to improve the day to day life of our residents and create efficiencies for our staff.

Residents, staff and our Board have all had a sneak peak at the plans and artists impressions of our new extension. Once Development Approval is obtained these will be printed and placed in the home for general viewing. The new living area will be spacious and have wonderful views of the Murray River and across Katarapko Island, I have included artists impression photos below. 2026 will be another very busy year with works expected to commence by April, and completion anticipated by the end of March 2027.



A big thankyou to retiring Board Member Robert Fielke for his 10 years service on the Riverview Board, as both a board member and as Chairperson, his governance experience and leadership skills were a great asset to our organisation. Robert's structured and planned succession to our new Chairperson Sam Hentschke ensured a smooth and supported transition and was most appreciated.

We are looking forward to the exciting changes in 2026 and feel extremely blessed to have received the funding required to assist us with building this fabulous new extension for the benefit of existing residents and to also provide a much needed home for an addition 22 elderly people.

As always, we strive to provide the best possible care and services, if you have any concerns or feedback, please don't hesitate to let us know so we can improve on the things we could do better and keep doing the things we do well.

Merry Christmas and Happy New Year !

Nicolle Jachmann
Chief Executive Officer

What has been happening during the month of **November** at Riverview?

✦Introducing Our On-Site Pharmacist – Stephen Edwards ✦

We are pleased to share that Stephen Edwards joins us every Wednesday morning as part of the ACOP (Aged Care Onsite Pharmacist) Program. This important program places pharmacists directly in aged care homes to support safe, effective, and easy-to-understand medication management for our residents.

Stephen is on-site until lunchtime and is available to answer any medication questions relating to our residents. He can help explain prescriptions, discuss medication purposes, or side effects, and assist with reviewing residents' medication regimes to ensure everything remains safe and appropriate.

Please remember that Stephen's role is focused on resident care only, so he is unable to provide advice about personal or non-resident medications.

We're delighted to have Steve as part of our team. Be sure to say hello or speak with him during his Wednesday visits!

Bingo

Bingo remains one of the most popular activities on the lifestyle calendar, held twice weekly in both Edwards and Traeger. In November, some Edwards bingo sessions were relocated to the recreation room due to staff training. Despite the change, attendance remained strong, with enthusiastic participation, plenty of games played, and lots of chocolates won.



Happy Birthday!

We would like to wish a big Happy Birthday to our residents who are celebrating in

December

13th Shirley Flavel

14th Rita Wilksch

22nd Lorna Singh

25th Maureen Turley

28th Lesley Wendt



We hope you have a blessed Birthday and a memorable year ahead,
from all of the Staff and volunteers at Riverview.

In November, we celebrated with our a birthday party and cake!

Active Games

Throughout November, residents put their physical abilities, skills, and strategic thinking to the test by taking part in a variety of games, including air hockey, pool, J-ball hockey, mini golf, and cup pong. The benefits extended well beyond physical activity, promoting teamwork, social connection, and plenty of fun along the way.



Melbourne Cup

A highlight of our lifestyle program is our annual Melbourne Cup celebration. Residents, staff, and volunteers gathered to watch and cheer together in our Chapel and Wellbeing Centre. The afternoon was filled with fashion, fascinators, bubbles, beers and a delicious afternoon tea prepared by our wonderful kitchen team.

A highlight of the day was our very own special race, where staff competed in heats and then the final to determine the ultimate champion. After an impressive performance in both of her races, Onyi took out the inaugural Riverview Cup!

Our residents had a fantastic time cheering on the staff and soaking up the fun and excitement of the day.



Remembrance Day

Residents and staff observed Remembrance Day with reflection and respect, remembering the service and sacrifice of those who served. The occasion honoured their contributions and enduring legacy. Resident Rob joined Wellness Program Manager Kerri in attending the RSL service at the Cross of Sacrifice, laying a wreath on behalf of Riverview residents and staff.



Christmas

Christmas arrived at Riverview in late November through a variety of festive activities. Residents, together with our staff and volunteers, helped transform our home into a Christmas wonderland, with thoughtful and beautiful decorations throughout. *Loxton Lights Up* was a particularly special evening, with more than half of our residents coming together to watch the Adelaide Christmas Pageant in the Chapel and Wellbeing Centre before heading out onto the lawns to enjoy a fantastic view of the fireworks display. The festive spirit continued with a creative craft activity, where residents made adorable reindeer decorations for a Christmas tree that was proudly displayed at the local Christmas Tree Festival, with the theme of *Animals and Birds of Christmas*.

We would like to give a HUGE thank you to local business **East Terrace Trading**, who have once again generously donated new Christmas decorations, enabling us to create such a beautiful and festive feeling throughout all areas of Riverview.



Traeger

November has been a busy, fun, and festive month in Traeger. Residents have stayed active through a range of programs including ball games, chair aerobics, and ten-pin bowling, while also enjoying the fresh air and scenery on trio bike rides. Creative interests were encouraged through cooking and craft activities and residents continued to benefit from regular pet therapy visits. The Christmas spirit was well and truly alive, with residents helping to decorate their common areas with beautiful decorations. A memorable event for some of our Traeger residents this month, was a guided bus tour of the Loxton Historical Village, offering a wonderful opportunity for community connection, social engagement, and a chance to reminisce and share memories from years gone by.



Christmas Raffle

Our Christmas raffle is underway, with tickets available at Reception at a cost of 1 for \$2 or 3 for \$5 and will be drawn on Monday 29th December. A MASSIVE thank you to the following businesses and people who have donated the amazing prizes. Your support is so greatly appreciated.

Toop & Toop Estate – Bronte & Gen Manuel

Foodland Loxton – Steve, Gren & Slav Koch

Goodyear Tyres Loxton – Mel & Aidan Lipacis

Almondco Australia

Hair Factor – Sharni Goodhand

It Feels Like Home – Chloe & Jo Oldman

Turmerix – Connie Hopper

Amcal Pharmacy – Steve & Tom Edwards

Bunnings Berri

Country Proud Clothing

Country Bakehouse – Tim & Julie Vivian

Betta Electrical Berri – Sean & Damien Drake

Hailey Sanford

Donna Manuel



RIVERVIEW COMMUNITY NOTES:

NEW CLOTHING REMINDER

Please ensure new clothing is left at reception or in the resident's room in a bag labelled

For Laundry

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the heat proof labels, as they will wash off.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 15th of December.

Can You Help?

Do you have any small pieces of wooden furniture that you no longer need? We are after some sanding projects for our residents. If you have anything suitable you are willing to donate, please contact the Wellness Program Manager Kerri on 8584 7370.

Complaints and Feedback, and Disclosures that Qualify for Whistleblower protection under section 547 of the Aged Care Act 2024 are welcome.

Riverview's Whistleblower protection officer is Clinical Care Manager Rebekah Nikolajevic ccm@riverviewresthome.com.au or 0885847370

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of November, \$659.00 in donations went to Gideon's International in Australia Inc. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

December Chapel offerings will be donated to Australian Lutheran World Service Appeal.