



Riverview Happenings October 2025



MELBOURNE CUP CELEBRATIONS

You are invited to dress up and join us from
1.30pm as we watch the race that stops the
nation in our Chapel and Wellbeing Centre on

Tuesday the 4th of
November



Monthly Newsletter

**Riverview Lutheran
Rest Home**

**5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370**

1st –7th
Week of Aging Well

6th—10th
Show Week

13th
Resident &
Representative's Meeting

24th
RV Revellers with John
Kindness

24th
Crazy Hair & Outfits Dress
Up Day

31st
Pink Ribbon Fundraising
Breakfast

CEO Report

Only 2 months until Christmas, in fact only just over 1 month really until Loxton lights up and the festivities begin here at Riverview. The year is flying and so is the time before the commencement of the New Aged Care Act, which now comes into effect from the 1st of November.

The Government has only recently finalised the rules that underpin the new legislation, and aged care providers right across Australia are still working towards having all the new training and paperwork in place for its commencement, as we continue to have guidance material released by the Department.

For residents, there is a new legally binding statement of rights, that outline what residents can expect, replacing the old voluntary charter. Aged care providers will have stricter government reporting requirements, and more detailed performance data will be publicly available. A registered supporter can be appointed by a resident to help residents make decisions, (that is help make decisions, not make decisions for them) and there is strengthened legal Whistleblower protections for workers and residents who speak up if something is not right.

There are also several funding changes, but these will generally not affect existing residents. Existing residents who have paid refundable accommodation deposits will not be subject to the new retention rules that will apply to those entering aged care from the 1st of November.

The planning for our new 22 bed extension is progressing well with Development Application due to be submitted this month. Works are anticipated to commence in April 2026, with completion expected by the end of March 2027. Our residents had a sneak peek at the artists impression exterior look and feel of the new building at a recent residents meeting. The view from the common living area overlooking the river and Katarapko Island will be spectacular. Once plans have been finalised, we will have the plans and the artists impression photos printed on corflute and on display for residents and visitors to see.

We continue to explore what is new and best practice across the aged care industry and are very pleased to be implementing CareWindow across our home in all resident rooms, CareWindow is a purpose-built communication and engagement tool designed to seamlessly connect aged care residents with their families, support staff, and the broader care community. More than just a video calling device, it fosters a sense of connection, reduces social isolation, and brings peace of mind to families. Our new Pool table/air hockey/table tennis table has finally arrived and has been installed and is being enjoyed by many of our residents (and staff)!

As always, we strive to provide the best possible care and services, if you have any concerns or feedback, either good or bad, please don't hesitate to let us know so that we can improve on the things we could do better and keep doing the things you think we do well.

Thank you for choosing Riverview.

Thankyou

Nicolle Jachmann

Chief Executive Officer

Staying Connected To Your Loved Ones

We are pleased to share that we will soon be introducing CareWindow technology in our residents' rooms. This initiative is part of our ongoing commitment to enhancing the quality of care, communication, and connection for our residents and their loved ones.

What is CareWindow?

CareWindow, is an iPad-sized video calling device designed for those with cognitive and mobility issues. It also doubles as a digital photo frame and dementia-friendly clock, with clear familiar display for comfort and ease. CareWindow is an easy-to-use technology platform that allows residents and families to stay more connected. It provides opportunities for video calls, sharing updates, photos, and information, as well as offering an additional way for staff to support residents in maintaining meaningful connections with family and friends. Please note that there may be occasions when video calls are unavailable due to privacy requirements, high-care situations, or operational reasons. We appreciate your understanding and cooperation during these times.

What this means for residents and families:

- Residents will have access to CareWindow directly in their rooms.
- Families can connect with their loved ones through the system in a simple and secure way.
- Our staff will provide support to ensure residents are comfortable using the technology.

Next steps:

We will begin rolling out CareWindow over the coming weeks, starting with installation in resident rooms. Staff will be available to assist residents and families in getting started and answering any questions you may have.

We believe this technology will bring great benefits by strengthening communication and supporting the wellbeing of our residents.

All you will need to do is download the CareWindow app and scan the QR code on the front of the CareWindow, if you are unable to visit your loved one in person, please contact us and we will provide you with a link to set up access.

Thank you for your continued support as we work together to make life at Riverview Lutheran Rest Home as engaging, connected, and comfortable as possible.

We encourage open communication between staff and families regarding the use of CareWindow, and we welcome your feedback to help us enhance the experience for all involved.



What has been happening during the month of September at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of September \$679.00 in donations went to Loxton & District Bible Society . If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

September Chapel offerings will be donated to Lutheran Community Care Australia.

Getting to know our staff and volunteers

Each month we would like to introduce you to and find out a little bit more about one of our valued staff members or volunteers.

Julie (volunteer)

I have to start off by saying that I absolutely LOVE being with Lifestyle at Riverview. The residents and staff make it a pleasure to be here! I truly hope to continue this journey that I've been on for the last 6+ years for as long as possible.

I was a locally born fruit blockers daughter, then moved to Northern Territory doing jobs such as meatworks, retail, hotel and bar waitressing etc. We then moved to New South Wales with our first daughter, who was born in Tennant Creek.

As a little family, we moved back to my husband's home city Adelaide, built a house, had more children, then decided country life was a good way to bring up the children, so for the past 30 years, have lived at Lyrup.



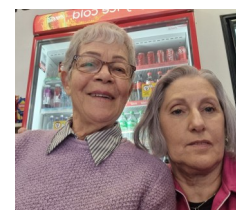
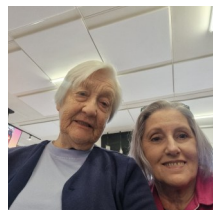
Happy Birthday!

Although October is a quiet month for resident birthdays at Riverview, we made up for it in September with a big celebration that brought together many residents from both Edwards and Traeger.



Rusty Spoon Café

Some of our residents recently enjoyed an outing to our fantastic local café, Rusty Spoon, for coffee and conversation. It was a wonderful way to spend a Sunday afternoon out and about in our amazing community.



Footy Fever

As the AFL Grand Final drew near, we celebrated with a fun footy dress-up day! Many staff and some residents proudly wore their team colours, while residents created colourful posters for both Geelong and Brisbane to decorate the facility. We also congratulated our footy tipping winners and presented them with their chosen prizes.

Congratulations to our winners:

Edwards:

Shirley P

Peter S

Rodney B

Traeger:

Shirley F

Betty B

Yvonne S



Gym Fun

Residents have been embracing their gym programs, experiencing the many benefits of improved physical and mental wellbeing, all while having plenty of fun along the way.



Lunch at the Local

In September, we enjoyed another lovely outing to the Loxton Hotel, where a group of residents gathered for lunch on a beautiful spring day. The occasion was made even more special as it coincided with Peter's birthday, giving us the chance to celebrate with him over a delicious meal.



Happy Father's Day

We hope all the fathers in our community — residents, families, staff, and volunteers, enjoyed a happy and memorable Father's Day. To show our appreciation, each of our resident fathers received a small gift: a photo frame to hold a treasured memory or keep a special loved one close.



Special Visitors

Recently, we were delighted by visits from Chelsea and her beautiful new baby, Henley. Our residents truly cherish intergenerational connections and the joy of spending time with children, especially when it's someone dear to them. It was wonderful to catch up with Chelsea, hear about her new journey into motherhood, and share some precious cuddles with Henley, which brought plenty of smiles and happiness all around.



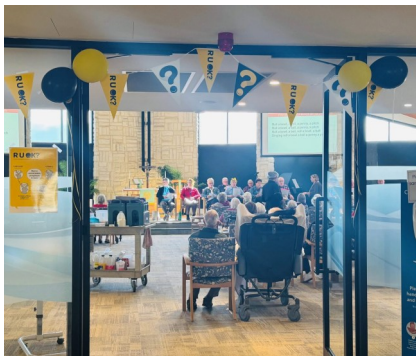
R U OK? Day

Last month we acknowledged R U OK? Day, a powerful reminder of the importance of checking in with those around us. Taking the time to ask a simple "Are you okay?" can make a big difference in someone's life.

Staff were encouraged to wear yellow and with a sea of black and yellow decorations, the spirit of the day was felt everywhere.

Some of our Traeger residents joined the cause, creating posters to help spread the message.

We shared a lovely morning tea, complete with KitKats carrying the R U OK? Message. Thank you to everyone who joined in. Let's continue to look out for one another, not just today but everyday.



Pool Table

We're thrilled to introduce the newest addition to Riverview, a versatile games table that easily converts from a pool table to table tennis and even air hockey!

Residents, staff, and volunteers have all been enjoying the variety of games, with something fun for everyone to take part in.

The different options make it an inclusive and engaging activity for all. Beyond the fun and friendly competition, the table also offers many benefits for our residents, including increased physical activity, improved focus and coordination, stress relief and social connection.



Getting Crafty

Edwards residents have been getting creative with paper craft recently.



Traeger News

Traeger residents have been enjoying a great variety of games that challenge both the mind and body, helping to maintain mobility, coordination, fine motor skills, and balance. Equally important are the laughter, social interaction, and connections formed with fellow residents, staff, and volunteers. Some of September's favourite activities included snakes and ladders, knock 'em down, mini golf, egg carton bounce, hockey, balloon tennis, and parachute fun. Residents have also been spending time outdoors, soaking up the sunshine and fresh air as the weather begins to warm up.



Honouring Breast Cancer Awareness Month at Riverview

This October, Riverview is proudly recognising Breast Cancer Awareness Month — a time to honour the strength and courage of those affected by breast cancer.

Within our own community, we have both staff and residents who are survivors, as well as those we have sadly lost.

This month is an opportunity to stand together in support, remembrance, and hope.

As part of our commitment to this important cause, Riverview is hosting a Pink Ribbon Breakfast for staff on Friday, 31st October 2025, with all proceeds going directly to the National Breast Cancer Foundation.

While this is a staff-focused event, the spirit of the morning is one we share with our entire community — residents, families, and friends.

If you would like to show your support by making a donation, please follow the link or scan the QR code below. Every contribution, big or small, helps fund vital research and support services for those affected by breast cancer.

Together, let's help make a difference. □

<https://fundraise.nbcf.org.au/fundraisers/riverviewlutheranresthme/pink-ribbon-breakfast>



RIVERVIEW COMMUNITY NOTES:

NEW CLOTHING REMINDER

Please ensure new clothing is left at reception or in the resident's room in a bag labelled

For Laundry

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 15th of December.

Can You Help?

Do you have any small pieces of wooden furniture that you no longer need? We are after some sanding projects for our residents. If you have anything suitable you are willing to donate, please contact the Wellness Program Manager Kerri on 8584 7370.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.



**OCTOBER
BREAST
CANCER
AWARENESS
MONTH**

