

# Riverview Happenings September 2025





#### **Monthly Newsletter**

Riverview Lutheran Rest Home

5 Luther Rd LOXTON SA 5333 Ph: 8584 7370

> **7th** Father's Day

11th R U OK? Day

**16th**Monthly Birthday
Celebrations

19th RV Revellers with John Kindness

> **27th** AFL Grand Final

### What has been happening during the month of August at Riverview?

#### **Riverview Chapel Offerings**

Every month chapel offerings are donated to a variety of organisations.

For the month of August \$632.00 in donations went to Riverview Rest Home. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

September Chapel offerings will be donated to Loxton and District Bible Society.

#### **Getting to know Colette**

Hello I'm Colette, an EN here at Riverview, having joined the team at the end of July.

I came to Australia from Cornwall, England almost 3 years ago now. It's known to be the surfing capital of England, also home to the Cornish pasty. Back in England I was a body piercer for 5 years and had 18 piercings in my ears one point!

I have 5 sisters, one of which lives in Australia and the rest across England. I love travelling and spent 6 months backpacking around South East Asia when I was younger. The next place on my bucket list is Japan.

In my spare time I love to bake and do Pilates and on Saturdays during the footy season you'll find me running the bar at Browns Well footy club.

I've loved my time here at Riverview so far and really appreciate how welcoming and supportive everyone is.



#### **Happy Birthday!**

We would like to wish a big Happy Birthday to our residents who are celebrating in



September

18th Peter Schultz

29th Miguela Bigg



We hope you have a blessed Birthday and a memorable year ahead, from all of the Staff and volunteers at Riverview.













August birthdays were celebrated with fun, games, laughter and of course a beautiful cake lovingly made in the Riverview kitchen.

#### **Musical Fun**

Four lucky residents enjoyed the opportunity to watch a performance of Loxton High School's "Hello Dolly" in their theatre recently.

We were privileged to watch such a professional performance by the talented group of students, who had us entertained, laughing and singing along throughout the show.



#### Sentimental Journey

Residents from Edwards and Traeger were treated to the Sentimental Journey concert, as husband and wife duo Neville and Bronwyn took us on a musical stroll down memory lane. Residents enjoyed listening and singing along to the songs that they knew and loved.

Thank you Neville and Bronwyn for a joyful and entertaining afternoon.







#### Lunch at the Local

Once a month we head out for lunch at our local, the Loxton Hotel. The residents, staff and volunteers dine together, enjoying each others company and spending time in a social setting within our community.











#### **Teddies Update**

The teddies in need of clothes have now been dressed with love and care, thanks to the efforts of some of our skilful and talented residents.







#### **Book Week Parade**

This year we were blessed to have the children from Loxton Lutheran School visit and parade their book week costumes through our facility. Edwards and Traeger residents, families, staff and volunteers gathered in the Chapel and through corridors to watch around 240 children show off their amazing costumes. We were in awe of the time and effort spent by families to create them. Our residents love to watch and interact with children, so this was an absolute highlight on our lifestyle program. Thank you so much Loxton Lutheran School for sharing this special day with us.































#### **Pampering and Relaxation**

We believe our residents deserve to be indulged, so we treated them to an afternoon of pampering and relaxation. Volunteer Leanne used aromatherapy oils to calm and relax during hand, neck and shoulder massages, while the foot spa soothed and softened tired feet. To further destress, we read magazines and newspapers, completed crosswords and word finds and simply spent time together in a lovely calm environment.















#### Chapel

Wednesday Chapel services with Pastor Jason and Pastor Matt remain very important and well attended events each week.



#### **Getting Creative**

To celebrate National Dog Day, residents got creative, decorating biscuits to make cute edible puppies, while they also enjoyed a recent crafty afternoon, designing and creating beautiful hand made cards.

















#### **Winners**

With the Footy Grand final approaching, we congratulate our tipping winners. Prizes have been ordered and will be presented in the coming weeks.





1. Shirley P - 136 points

2. Peter S - 131 points

3. Rodney B - 128 points



#### **TRAEGER**

1. Shirley F - 122 points

2. Betty B - 121 points

3. Yvonne S - 119 points

#### **Antiques Road Show**

The Antiques Road Show recently came to Riverview. Residents from Traeger and Edwards came together in our Chapel and Wellbeing Centre to browse the treasures. We enjoyed afternoon tea, reminisced and shared conversations, as the antiques sparked memories from the years gone by. Thank you to the staff, volunteers, residents and families who loaned their special pieces and collections to display. You truly helped make this an even to remember!















































#### TRAEGER NEWS

**Pet Therapy** is an important and much loved activity in Traeger, bringing joy, connection and a lot of fun!



















We love to get **outdoors**, especially now as the weather is warming up and we can enjoy sunshine and fresh air, while relaxing, gardening, socialising or playing games. We cannot wait to spend more time outside over the coming months.













**Keeping Active** helps to maintain and challenge our physical abilities, with the benefits of social interaction and of course a lot of fun! Some examples of games we play include golf, basketball, soccer, balloon volleyball, indoor bowls, hockey, knock em down, bean bag toss, table tennis, quoits, ten pin bowling and parachute games.



**What a treat** to enjoy coffee and cake at The Country Bakehouse!







### **RIVERVIEW COMMUNITY NOTES:**

#### The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

#### WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

#### **Assorted Cards**

Should you need a card for an occasion, look no further than the assorted cards available to be purchased at Reception for just \$2.

#### Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 13th of October.

## Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

#### Can You Help?

Do you have any small pieces of wooden furniture that you no longer need? We are after some sanding projects for our residents. If you have anything suitable you are willing to donate, please contact the Wellness Program Manager Kerri on 8584 7370.



Grand Final
Saturday 27th September



No qualifications needed