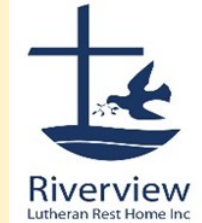




Riverview Happenings

June 2025



Monthly Newsletter

**Riverview Lutheran
Rest Home**

**5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370**

5th
Library Visit

9th
King's Birthday Public
Holiday

12th
Philippines
Independence Day
Celebrations

16th
Resident and
Representative's
Meeting

17th
Monthly Birthday
Celebrations

26th
Visit to Concordia
Lutheran Church



*To our amazing
Riverview volunteers*



**THANK YOU
SO MUCH**



CEO Report

Well Winter has certainly arrived! The lower temperatures at night, the foggy mornings and then just to trick us, out of the blue we had that terrible dust storm roll across South Australia late in May, and here in Loxton we certainly experienced our fair share of it! Sadly, we have not seen much rain that we all need so badly, particularly our farmers who are watching the skies daily, hoping for it to arrive.

I have been fortunate to be back at Riverview and covering for our CEO Nicolle, who is enjoying some well-deserved leave. Nicolle will be back on-board mid June and we will all be continuing focussing with the task of transitioning Riverview across to the new Strengthened Aged Care Standards that sit within the new Aged Care Act. As many of you would recall from previous newsletters the new Standards were scheduled to start July 1st 2025.

In a surprise, but welcome news release, the new Minister for Aged Care and Seniors, The Honourable Sam RAE MP has announced that the Government has decided to briefly defer the start of the new Act until 1st November 2025. The Government has acknowledged in this deferral that it will allow and provide the time that providers should have been given to prepare for what the Government describes as 'a once in a generation aged care reform'.

At Riverview we are always striving for continuous improvement and your feedback and ideas, complaints and suggestions are taken on board seriously as we strive to make our residents, our families, staff and community a happy one.

In the kitchen, Head Chef Greg and his team of Cooks are learning and perfecting the moulding techniques for more appealing, whilst still remaining tasty and nutritious, texture modified food. Making meals look like the 'real deal' after they have been modified by texturizing, is a bit of an art, and Greg and his team of Cooks, have been practising these skills and coming up with some great looking and tasting textured meals.

We regularly receive positive feedback from residents at our resident meetings about our meals and many residents or their families will chat with Greg in the kitchen if they have a yearning for something special or have a suggestion to offer. We are fortunate that our Head Chef Greg, is very flexible, loves to make people happy, very open to discussion and always willing to cook up something different for any of our residents.

Meals are such an important part of the day, so don't ever forget that we welcome your feedback, your complaints and your suggestions in regard to meals (and anything else for that matter).

You can complete a form (available in both the Edwards and Traeger dining rooms) to provide us with your feedback, suggestion or complaint, ask a staff member to write it down for you, speak to the supervisor of the department of concern, ie for meals it is Head Chef Greg, for cleaning or laundry you can ask to speak to Jan our General Services Manager, for clinical care you can speak to any of the Nurses, and so on. So please, at anytime you have a question or a concern, ask any of the staff to direct you to the right person if you are not sure who to talk to, as someone will always follow up with you.

Wishing you all well as we head into Winter 2025.

Kind regards

Annie Payne

What has been happening during the month of **MAY** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of May \$560.00 in donations went to Beyond Blue. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

June Chapel offerings will be donated to Lutheran Media Ministry.

Thank You to our Volunteers

In May, we held a special afternoon tea to thank our wonderful volunteers as part of National Volunteer Week celebrations.

We are truly blessed to have each and every one of them and we are grateful for the joy and companionship they bring by sharing their time, talents and so much kindness.

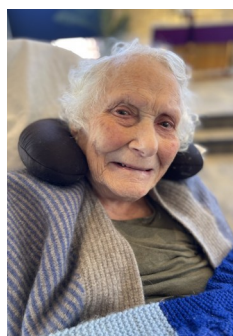
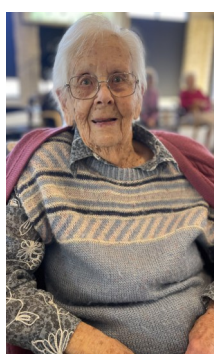
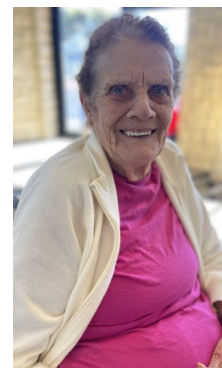
Thank you for enriching the lives of our residents.



Biggest Morning Tea

We came together for the Cancer Council's Biggest Morning Tea. The Cancer Council offer support to the many individuals affected by cancer as well as researching ways to better prevent and treat cancer.

We enjoyed a lovely morning tea, a quiz and conversations, while raising money and awareness for the Cancer Council.



A special visit from Howard

Over the past few months, our book club has been enjoying reading the memoir of well known local Howard Hendrick, which was written by his eldest daughter, Margaret Davis.

Our resident's thoroughly enjoyed following Howard's journey, from his early days growing up in Renmark, to the remarkable life he led as a World War II veteran.

We were extremely honoured to have Howard join us for the final session, where he read the final chapter of the book and answered questions from the residents.

What a special and memorable experience.



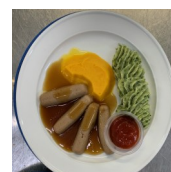
Mother's Day Celebration

On Mother's Day we celebrated and honoured the mothers, grandmothers and mother-figures of those we care for, those we work alongside and those in our hearts with a special high tea.

The afternoon was filled with memory and story sharing, sweet treats, dancing and plenty of smiles!



Greg and his kitchen team have been working on moulding techniques for texture modified meals.



The **AFL footy tipping** is a popular activity amongst our residents and the competition is well and truly on! At the end of round 12, we are now half way through the season and here are our current leaders:

EDWARDS

1. Morrie S - 59 points
2. John - 57 points
3. Shirley P - 56 points

TRAEGER

1. Pam B - 55 points
2. Mary S - 51 points
3. Vonnie S & Shirley F - 50 points

River Rock Dance Club Visit

A highlight of May was a fun and energetic performance by the River Rock Dance Club, who rocked their way around the Chapel.

Their enthusiasm and energy spread through the room and they soon had residents, staff and volunteers up on the dance floor, moving and grooving with them.



Celebrating Chelsea

Chelsea began her maternity leave in May, as she awaits the birth of her first child. We celebrated with a baby shower to wish her all the very best for her next chapter of becoming a parent. We will miss you Chelsea but can't wait to hear your exciting news!



TRAEGER NEWS

In May, our Traeger residents joined us for the many special events including the Biggest Morning Tea, Volunteer Afternoon Tea, River Rock Dance performance and Chelsea's baby shower as well as our weekly church services in the Chapel and our Thursday sing-alongs.

There have been many other activities keeping our residents busy.

Emma has been getting residents out in the fresh air, enjoying rides on the trio bike.



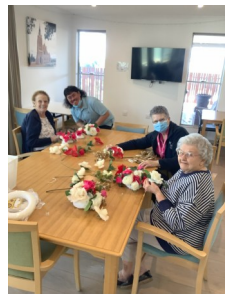
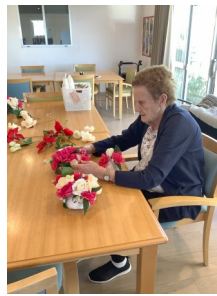
The men have been busy helping with the bbq cooking and building.



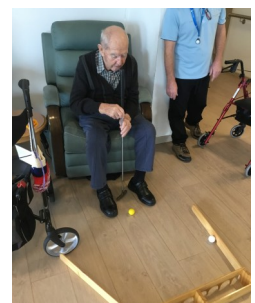
Enjoying the outdoors.



Getting creative, arranging flowers & cooking.



Fun games, helping maintain physical fitness, range of movements and co-ordination, with the benefits of social engagement.



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Assorted Cards

Should you need a card for an occasion, look no further than the assorted cards available to be purchased at Reception for just \$2.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Centre on Monday the 16th of June.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome residents and their relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

