



Riverview Happenings

APRIL 2024



GIVE THANKS
TO THE
LORD,
FOR HE IS
GOOD;
HIS LOVE
ENDURES
FOREVER.

PSALM 107:1

Monthly Newsletter

**Riverview Lutheran
Rest Home**

**5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370**

1st - Easter Monday
Public Holiday

2nd - Monthly Birthday
Party

5th - Shopping Trip

7th - Daylight Savings
Ends

11th - Lunch at the
Local

15th - Resident and
Representatives
Meeting and a special
presentation from ARAS

19th - Living Waters
Movie Outing

25th - ANZAC Day
Public Holiday

30th - Dress up in your
favourite colour
ENTIRELY!

What has been happening during the month of **MARCH** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of March **\$337.00** in donations went to Bibles to the Lutheran School. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.



APRIL Chapel offerings will be donated to the Lutheran Church of Australia SA & NT District!

Harvest Thanksgiving Service

As we gathered together to celebrate Harvest, we reflected on all we are thankful for, the many blessings we receive on a daily basis and the opportunity to give our thanks to God.



Motorsport Mad Men !!

It was great to see the gents getting together, gearing up and starting their engines for some motor-sport fun at Men's Group one Wednesday afternoon!

After carefully assembling the race track with the help of carer Dennis, the race was ON!

Playing with the Scalextric slot cars certainly provided a blast from the past and were in fact some of the most enjoyed toys of the 60s. Giving these once loved toys another lease on life has been quite the hit with our residents... and STAFF!



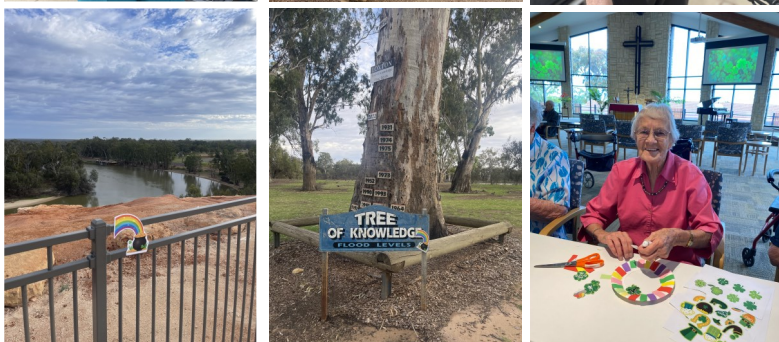
St Patrick's Day Celebrations



Riverview residents had a blast searching for pots of gold during a scavenger hunt at some of the most well-known attractions throughout Loxton for St Patricks Day, as well as a craft wreath making class!

A great morning had by all, as we worked as a team to nut out the cryptic clues to find our location and pot of gold! Our clues took us to the tree of knowledge, the Pines, Loxton Historical village, heaven 'cliff-top' lookout and more!

Enjoy a glimpse at some of the places we visited and we do hope that the luck of the Irish surrounded you this St Patricks Day.



Harmony Day

Each year on the 21st of March, Riverview acknowledges and celebrates Harmony Day and Australian Multiculturalism. It offered our residents and staff a wonderful opportunity to embrace the cultural diversity we have right here under our very own roof and share our different backgrounds on a puzzle piece, which we pieced together to form the story of our community.



Harmony Week is a community celebration where Everybody Belongs.

Monthly Birthday Parties are BACK!

March saw the fantastic return of our monthly birthday party. It was wonderful to see SO many turn up for an afternoon of fun to celebrate the March babies and of course... enjoy some birthday cake!!



A Birthday Funny...

How do you know if a birthday cake is sad?



Check if it's in tiers!



Gardening Gurus

For many of our residents, gardening has been an important part of their lifestyle for most of the lives, somewhere to soak in nature's beauty and is a happy place for many.

When we received the very kind and generous donation of petunias from the Nippys Loxton Gift Carnival it was time to get planting!! Our residents just love making their home bloom with colour and life, whilst enjoying the fresh air and Autumn sunshine.

How a little potting mix, some gardening tools and flowers in knowledgeable hands can create such a thriving garden.



RIVERVIEW AFL Footy tipping Season.



March 7th saw the AFL season kick off for the AFL's opening round! Although its early days, the competition is already starting to heat up! Here are your current leaders as we move into Round Five!

EDWARDS Residents

1. Gwen C and Susan C - 28 points
2. Beryl L - 25 points
3. Fred O and Jeoff M - 23 points

TRAEGER Residents

1. Anonymous and Lenore M - 22 points
2. Rosemary K - 21 points
3. Shirley F and Marlene H - 18 points

Pet Therapy is the BEST kind of Therapy

Residents John and Jeoff just loved their visits from furr friends Terra and Teddy, providing the gents with company, comfort and plenty of welcomed cuddles!!

Thank you to these pooches for making our week a joyful one!



We would like to wish a big Happy Birthday to our residents who are celebrating in **APRIL**

5th Alison Botting

22nd Fred Orwell

23rd Pauline Adkins



We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Lifestyle Team and the Staff of Riverview.

Stirring up memories in the kitchenette

Keen cooks Pauline and Tim just loved getting into the kitchen to whip up the sweet and crunchy delight that is chocolate crackles, which are a nostalgic childhood favourite for many Australian's and something many of our residents created with their grandies!



Men's Business

Sometimes it's the little things in life that bring us such joy, as pictured here with resident Fred who was hanging out for a pie from the bakery and Martin, our in house 'jack of all trades' who assisted assembling our new coffee tables for our Chapel and Wellbeing Center during these special individual activities!



Riverview welcomes JBALL!!

For many of our residents, sport and movement have played a significant role in their life, so when it came to trialling and experiencing a new modified version of hockey called JBall, our residents were IN!

A BIG thank you to the Loxton Hockey Club for their generous donation of all the equipment and to volunteer BJ Hammerstein for bringing the fun to Riverview, which will be enjoyed for years to come by individuals of all ages and skill levels!



Riverview visits the Loxton Library

March called for a trip to the library and gosh did our residents have some FUN!

Residents Maureen, Lesley and Jan enjoyed chatting away to fellow members, picking the brains of the wonderful staff of the Loxton Library and browsing through their healthy collection of books!



Reconnecting throughout the Riverland

Fancy reconnecting with your Sunday School teacher after all these years! Well... that is exactly what happened when two local Renmark gals decided to call Riverview home! Marg shares fond memories of Judy, who was coincidentally her Sunday School Teacher at the Renmark North Anglican Church, while Judy remembers her 'yeigh-high' sweet student, Margaret Davidson. The two enjoy regular visits now, catching each other up on all the years gone by.



Easter Celebrations

Riverview residents came together to celebrate the Easter spirit with a heartwarming Easter Chapel service, craft activities and an egg hunt adventure with the lifestyle team and the Easter bunny herself.

Our week long festivities were filled with smiles, laughter, story sharing, gifting, sweet treats and many cherished moments



TRAEGER NEWS

Time out in the garden

Our Traeger residents sure have been busy throughout the month of March, as pictured here planting alongside friends and appreciating nature's beauty.



Comfort and Cuddles

Oh the joy our four legged companions give to us. Never underestimate the power of a patting a pet pooch!



Traeger residents just love gathering together for **BINGO** and it is a great way to keep our minds active and have a little fun along the way.



Parachute FUN was the activity on the go this month, with residents enjoying the challenge of keeping the ball in the center.



The Gift of Music

How lucky are we to have such talented staff like Di, who's music draws us in and fills our hearts and home with the sound of LIVE music!!



Individual Activities

We love having the chance to continue to practice our fine motor and problem solving skills as this helps us maintain them. Pictured here is Peter securing down some blocks with a hammer and Lenore's own take on scrabble!



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.



Riverview have invited a representative from the Aged Rights Advocacy Services to join us in April for our annual information session on what advocacy means, what the Charter of Aged Care rights are and how ARAS can support Residents to uphold their rights.

The session will be held at 11am in the Chapel and Wellbeing Center, after our Resident and Representative's Meeting on April the 15th.

Riverview welcomes residents, relatives and representatives to join us.

An outing at the Living Waters Christian Community

The Living Waters Christian Community will be hosting their monthly tea and movie afternoon on the 19th of February at 1:30pm.

If you're interested in attending, please speak with our **Lifestyle Team** for further information.

Assorted Cards

Should you need a card for an occasion, look no further than the assorted cards available to be purchased at Reception for just \$2.

LOST PROPERTY

After all the washing, steam cleaning, and relocating of items we have done in the past few weeks with our cleaning some items have not found their way home.

There are also a number of clothing items that have been found that are not labelled, normally these are placed in the cupboard at the rear of the kitchen, but there are SO MANY that there is a large stack in the laundry.

Have you got something to say? We love hearing from you!

Had a great experience, a concern you'd like to discuss or wish to provide some feedback?

We welcome Residents and their Relatives to utilise our Feedback forms found in the Edwards dining room.

A comment, concern or suggestion can be made by filling out a form and placing it in the box.

Want a response? Ensure your name and contact information is listed.

Need an instant response? Please do not hesitate to speak with one of our friendly staff members, so that we can work with you to resolve your concern.