



January / February 2024

Riverview



Monthly Newsletter

**Riverview
Lutheran
Rest Home**

**5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370**


January 1st
New Years Day

January 26th
Australia Day Public
Holiday

February 12th
Resident and
Representative's
Meeting

February 13th
Shrove Tuesday

February 14th
Valentine's Day



May peace fill your world
May love fill your home
With contentment and happiness, too -

In wonderful ways
May this year of new days
Be filled with sweet blessings for you

**Happy
New Year**

CEO REPORT

Welcome to 2024

I hope you all had a lovely Christmas and New Year and were able to catch up with family and friends over this period. Many of our staff took the opportunity to take leave during December and January and are now back on board refreshed and ready for another year. I was very blessed to spend time with my family, they all came home for the Christmas New Year week, which was lovely. I was also grateful to have some time away with friends in January.

2024 will be another big year of change for the Aged Care Industry, with draft legislation currently out for consultation to put into place new Aged Care Standards that further reflect the recommendations of the Royal Commission into Aged Care. I have attended several virtual (zoom meetings) and workshops over the past few weeks to find out more about the proposed changes and what we will need to do here at Riverview to implement the proposed new requirements.

This week we have trades onsite installing the new brushed stainless-steel handrails in the Edwards hallways as part of our Hallway upgrade. The handrails installed so far look great, blend in with the environment, and will handle the cleaning regime put into place to manage outbreaks much better than the old painted handrails. The upgrades to rooms 28-40 in Edwards are now complete with new curtains installed recently.

Our residents and staff are getting excited about using the new gym equipment that arrived late last year. Our staff and physio are receiving training on the new equipment next week, so it won't be long now until residents working out!

I am also pleased to let you know that our board has approved the purchase of a piano from the Riverview Gift Fund, for Traeger. A number of our residents enjoy playing; however, it is often a challenge to keep the pianos in tune. The new piano will be an electric piano, that looks and sounds like an acoustic piano, but does not require tuning, so will provide a lovely musical instrument for Traeger residents to enjoy.

The final work on the Traeger BBQ area will soon be completed, both the BBQ and Umbrella have arrived and will be installed in the coming weeks. This will provide a lovely area for residents to enjoy the cooking and smell of a BBQ, Traeger families are also welcome to come and use the BBQ area to socialise (and even have a BBQ lunch if you wish) with their family member.

As always, we strive to provide the best possible care and services to our residents, therefore If you have any queries, comments, suggestions, or concerns, please do not hesitate to contact us, your feedback is valuable and appreciated.

Thank you for choosing Riverview.

Thankyou
Nicolle Jachmann
Chief Executive Officer



We would like to wish a big Happy Birthday to our residents who are celebrating in

JANUARY

7th Susan Carter

FEBRUARY

6th Doreen Cooke

11th Graeme Kassebaum

15th Louise Owen

22nd Lynette Ellbourne

We hope you have a blessed Birthday and a memorable year ahead.

Many blessings and love from the Lifestyle Team and the Staff of Riverview.

What has been happening during the month of **DECEMBER / JANUARY** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of December donations went to Australian Lutheran World Service. Thank you for your kind offerings of \$381.75

For the month of January donations went to Loxton High School Chaplain. Thank you for your kind offerings of \$286.00

If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel offering voucher.

February Chapel offerings will be donated to The Riverview Lutheran Rest Home.

Carols by Candlelight

The residents of Riverview were elated to join in on the 'singalong of all singalongs' by the Anne Battams singing group and some community members this December. Residents enjoyed seeing new and familiar faces walk through our door, performing center stage in the Chapel and Wellbeing centre.



Thank you to Anne and all of the singers for filling our home with the gift of live Christmas music!

Christmas Card Crafting

The tradition of sending and receiving Christmas cards is something many of our residents here at Riverview have cherished over the years and continue to proudly display on their shelves, pin up boards and along a propped up piece of twine to this day!



This Christmas, we had an enjoyable afternoon keeping that tradition alive, as our residents got messy with glue and glitter when creating a special card to gift to someone they love.

Loxton High School—Activity Morning

Riverview residents enjoyed the opportunity to interact with the year 7 students from the Loxton High School, as a part of a Intergeneration Program. Interviewing, storytelling, games, sharing wisdom and many of laughs were had throughout the fun-filled morning spent with the children.



Christmas Cards from the Lutheran School

The year 1 and 2's from the Loxton Lutheran School dropped off some beautiful hand made Christmas cards for our residents in Edwards and Traeger, pictured here is Neth, Fred and Rob who really loved receiving such a precious gift.



Gone Gardening

Summer is here and our garden has been buzzing with activity.

Take a look at the tomato plants Louise has been caring for. The first image was taken not long after they were planted and the second image was taken not long before they were eaten!



Loxton's Christmas Tree Festival

Over two fun mornings, both Edwards and Traeger residents enjoyed visiting the Country Woman's Association hall for their enchanting Christmas Tree Festival! This years theme was **all things bright and beautiful** and that is was! *Did you happen to see Riverview's tree?*



Riverview welcomes a new talent!

Jan has recently joined us here at Riverview and brings a wealth of musical knowledge and talent along with her.

It has been a joy to have another pianist around, filling our home with the sound of music.

Do you have a talent you would like to share??

We would love to hear from you!



Christmas Wonderland

Over two evenings, Riverview residents enjoyed a sunset bus trip to visit Christmas Wonderland and to see the beautiful lights. The night was very special for all involved with singing, laughter, dress ups, stories shared and the man in the red suit himself!

Thank you to our thoughtful and dedicated volunteers who helped make an outing like this possible!

Christmas with the da Costa's

A **BIG** thank you to both Pastor Avito and Anna da Costa for inviting us into their garden and putting on a special Christmas morning tea for our residents.

The morning was enjoyed by all, filled with Christmas cheer, a spread of treats that dreams are made of and we were blessed with the weather!

How grateful we are for the both of you and all you do for us here at Riverview.



Moments that matter

During the month of December, we turned a dream into reality!
At 94 years young, the sky really was the limit for Tim!

Tim was able to enjoy the view from the BEST seat in the house! What a pleasure it was to make a wish become possible and filled the hearts of those watching along too.



Meet the Team... Say hello to Hailey!

Hi, I'm Hailey the Receptionist here at Riverview. Here is a little to learn about me! I was originally born in Adelaide and moved to Loxton at a very young age. I am the youngest of 6 children, 1 boy, 5 girls. I have enjoyed playing netball since I was only 4 years old, and in the past few years I have moved from the Loxton North Panthers to the Wunkar Bulldogs. Some of my hobbies include netball, blanket making, going to the gym and going on adventures with my friends. I am blessed to have two very beautiful "furbabies", Fuko and Murphy.



Christmas Activities

Riverview residents enjoyed the experience decorating some miniature Christmas biscuit houses, using sweet treats to make the house a home.
The afternoon felt full of magic and it was wonderful watching new memories be created!



Loxton Lutheran School Christmas Concert

Quite possibly the highlight of our year and a blessing for us to watch, listen and be part of! Thank you to the children and their teachers for filling our home and hearts with the joy of music. We look forward to more visits from you in the near future.



Thank you to Chelsea's helpers when it came to wishing Riverview residents a Merry Christmas and Happy New Year with lovingly handwritten cards and a 2024 calendar!



Riverview's Christmas Raffle

Thank you to all of the residents, relatives, staff and our friends from Woolworths Loxton for making our Christmas raffle a huge success!

Well done to the winners!

1st place - Sandy from Finance

2nd place - The Lipacis family

3rd place - The Schiller family



I spy with my little eye...
Brailey!!

Can you spot her in the photo too?



Christmas Day Lunch

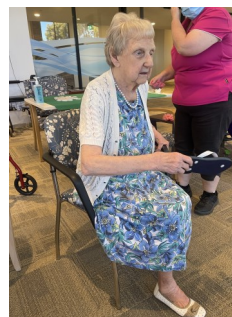
After a busy month, full of activities and festive fun. The big day finally arrived!

Thank you to those who joined us on the day, the staff who took time away from their families and the kitchen who put on a Christmas feast with all the trimmings!



Australia Day Celebrations

Over the course of the week, Riverview residents got into the spirit with all things iconically Australian. We enjoyed a thong toss, an Aussie singalong and made a batch of some gold ole lamingtons! Congratulations are also in order for our Volunteer and Resident Advocate, Genni Lehmann, as she received the Citizen of the year award for all her volunteer efforts and community spirit shown over all these years at the local Australia Day breakfast in Loxton!!



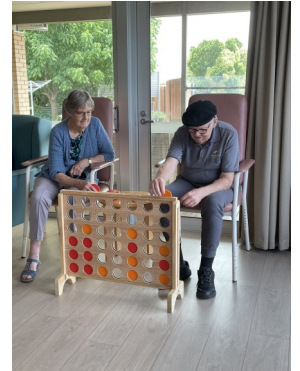
Men's Group

If pottering around in the garden, tinkering away in the shed, sharing 'Dad' jokes, playing games or just enjoying some good old fashioned mateship sounds of interest to you, then come along to our Men's Group held fortnightly on Wednesday's from 1:30pm and see what the fuss is all about!



The best therapy in the world!! - Pet Therapy

Pet Therapy furr friend 'Terra' popped in for a visit and came dressed up for the occasion! This adorable pooch made so many residents and staff happy with her visit!



Traeger residents enjoyed all the festive fun that is Christmas with a beautiful Christmas celebration one afternoon thanks to Lifestyles Michelle!



Good to see Traeger residents get competitive with a game of Mini-Basketball over December and having a laugh or two along the way!

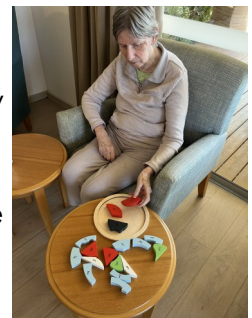


Riverview's Trio Bike

Residents have been enjoying some fun in the sun, cruising around town on our Trio Bike. Speak to one of our friendly staff members in **PINK** if you're interesting in going for a spin!



To beat the heat, we've brought the fun inside and have been busy working away on some puzzles that revealed a beautiful image once completed, as pictured here with resident Lyn!



Music is a great way to get our bodies moving and we love the opportunity to have a boogie!



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the heat proof labels, as they will wash off.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

Assorted Cards

Should you need a card for an occasion, look no further than the assorted cards available to be purchased at Reception for just \$2.

We welcome family and friends always! Please remember to keep your distance from other residents when in common areas and to always wear a mask.

Covid-19 restrictions are still in place to keep you and your loved one safe.

Interested in Volunteering?

At Riverview, we recognise the significant impact our volunteers have on our residents wellbeing and welcome anyone who would like to enhance the lives for older adults, form meaningful connections and an opportunity to give back to your community to contact us!

If you or anyone you know that is interested in volunteering at Riverview, please contact Wellness Program Manager Chelsea for further information.

Summer is here!

Please remember to supply your loved ones with a hat as we are no longer able to provide these to residents.



We encourage the use of sunscreen to protect your skin, even in short periods of exposure in the sun. Sunscreen is available for use in both the Edwards and Traeger Nurses stations.

Resident and Representative's Meeting

Our next Resident and Representative's Meeting will be held in our Chapel and Wellbeing Center on Monday the 12th of February at 10:30am.

An outing at the Living Waters Christian Community

The Living Waters Christian Community will be hosting their monthly tea and movie afternoon on the 16th of February at 1:30pm.

If you're interested in attending, please speak with our **Lifestyle Team** for further information.

For **INFECTION CONTROL** reasons, we are **UNABLE to share items between members of the facility** such as newspapers

If you would like to arrange for delivery of a newspaper, please contact a member of the Admin team.

Is someone you know doing an exceptional job? **It's time to say**



**Nominate an individual, team
or organisation today**

accpa.asn.au/ace

ACCPA will send nominees an acknowledgement of excellence, showcase selected examples nationwide and the very best will be chosen as finalists for the ACCPA Excellence Awards.

Recognising excellence in retirement
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