APRIL 2019 LEISURE AND LIFESTYLE PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 st	2 nd	3 rd	4 th	5 th	6 th
	10:30 – 11:30am Moving and Grooving Chair Exercises Dog Visits 1:30 – 3:30pm	10:30 – 11:30am Craft time 1:30- 2:30 Chair yoga 2:30 – 3: 30pm	10:30 – 12pm Chapel 1:30 – 3: 30pm Book Club Ladies Salon Men's Shed:	10:30 – 12pm Cooking 1:30 – 3:00 pm Chair yoga & craft 3:00 – 4: 30pm	10:30 – 12pm Pancake Morning tea & 5 Second Rule activity 1:30 – 3: 30pm Chair exercises &	10:30 – 12pm Chair Yoga Crafty Morning 1:30 – 3: 30pm BINGO
	Year 2 Visit from Lutheran School	Rex's music	Trip to the Pub	Melody sing-along with Anne	outdoor golf	
7 th Daylight saving ends	8 th	9 th	10 th	11 th	12 th	13 th
10:00 – 12pm Church DVD Song of Praise	10:30 – 11:30am Moving and Grooving Chair Exercises	10:30 – 11:30am Bright Hour	10:30 – 12pm Chapel 1:30 – 3: 30pm	10:30 – 12pm 10 pin bowling 1:30 – 3:00 pm	10:30 – 12pm Living Waters movie date (lunch included)	10:30 – 12pm Chair exercises & Lunch at Berri Tavern
Song of Praise	1:30 – 3:30pm	1:30- 2:30 Chair yoga	Book Club Ladies Salon	Chair yoga & craft	1:30 – 3: 30pm	1:30 – 3: 30pm
1:30 – 3: 30pm Indoor Bowls Competition	Julie Noble singing	2:30 – 3: 30pm Craft Time	Men's Shed: Drive around town	3:00 – 4: 30pm Melody sing-along with Anne	Carpet bowling competition	BINGO

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 th	15 th	16 th	17 th	18 th Birthday cake for residents	19 th	20 th
10:30 – 12pm Church DVD Song of Praise BBQ LUNCH Happy Hour at Lunch 1:30 – 3:30pm Quiz afternoon	10:30 – 11:30am Chair Exercises indoor golf 1:30 – 3:30pm Julie Noble singing	10:30 – 11:30am Bright hour Ladies lunch at Loxton Club with St Catherine's 1:30 – 3:30pm Crafting it up	10:30 – 12pm Chapel 1:30 – 3:30pm Book Club Ladies Salon Men's Shed: Beer/wine, TV and a chat in training room.	10:30 – 12pm Daryl Knowling & his guitar 1:30 – 3:00pm Chair yoga & Craft 3:00 – 4: 30pm Melody sing-along with Anne	GOOD FRIDAY Public Holiday No lifestyle today	10:30 – 12pm Easter Basket filling & Jo's boy Easter DVD 1:30 – 3:30pm BINGO
21 st	22 nd	23 rd	24 th	25 th	26 th	27 th
10:30 – 12pm Church DVD Songs of Praise Giving of Easter baskets 1:30 – 3:30pm Indoor Bowls Competition	Easter Monday Public Holiday No lifestyle today	10:30- 11:30am Bright hour 1:30- 2:30 Chair yoga 2:30 - 3:30 Crafting it up	10:30 – 12pm Chapel 1:30 – 3:30pm Book Club Ladies Salon Men's Shed: Washing Cars	ANZAC DAY Lest We Forget 25 April Public Holiday No lifestyle today	10:30 – 12pm Residents Meeting & chair Exercises 1:30 – 3:30pm Have you eva reminiscing	10:30 – 12pm Chair exercises & Lunch at Loxton Club 1:30 – 3:30pm BINGO

LEISURE AND LIFESTYLE PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 th	29 th	30 th				
10:30 – 12pm Church DVD Song of Praise BBQ LUNCH Happy Hour at Lunch 1:30 – 3:30pm Word Quiz	10:30 – 11:30am Moving and Grooving Chair Exercises 1:30 – 3:30pm Julie Noble singing	10:30- 11:30am Bright hour 1:30- 2:30 Chair yoga 2:30 - 3:30pm Craft time	"JESUS Risen!"		For the Of the Lord is your strength Nehemiah 8:10	Lest we forget

If there is an outing you wish to attend in April you need to book your interest at the Riverview Reception desk ASAP, please be aware that the bus only seats 8, so seats are limited, however if you are keen to come and have taxi vouchers you are welcome to use those. Please also note that you will require money for these outings, and it is always weather dependant.

• If the weather is forecast for rain or it is forecast for over 30 degrees, the outing may be cancelled or re scheduled with short notice.

13th April Lunch at the Berri Tavern

16th April Ladies lunch at Loxton Club with St Catherine's ladies

12th April Movie and lunch at Living Waters

27th April Loxton Club Lunch

^{**} if you would like more information about taxi vouchers see Hannah at reception or speak to Crystal in the office **