



December Riverview Happenings



'Twas the night before Christmas;
there wasn't a sound.
Not a possum was stirring; no-one
was around.
We'd left on the table some tucker
and beer,
Hoping that Santa Claus soon would
be here;

We children were snuggled up safe
in our beds,
While dreams of pavlova danced
'round in our heads;
And Mum in her nightie, and Dad in
his shorts,
Had just settled down to watch TV
sports.

When outside the house a mad
ruckus arose;
Loud squeaking and banging woke
us from our doze.
We ran to the screen door, peeked
cautiously out,
Snuck onto the deck, then let out a
shout.

Guess what had woken us up from
our snooze,
But a rusty old Ute pulled by eight
mighty 'roos.
The cheerful man driving was
giggling with glee,
And we both knew at once who this
plump bloke must be.

Now, I'm telling the truth it's all dinki-
di,
Those eight kangaroos fairly soared
through the sky.
Santa leaned out the window to pull
at the reins,
And encouraged the 'roos, by
calling their names.

'Now, Kylie! Now, Kirsty! Now, Shazza
and Shane!
On Kipper! On, Skipper! On, Bazza
and Wayne!

Park up on that water tank. Grab a
quick drink,
I'll scoot down the gum tree. Be
back in a wink!

So up to the tank those eight
kangaroos flew,
With the Ute full of toys, and Santa
Claus too.
He slid down the gum tree and
jumped to the ground,
Then in through the window he
sprang with a bound.

He had bright sunburned cheeks and
a milky white beard.
A jolly old joker was how he
appeared.
He wore red stubby shorts and old
thongs on his feet,
And a hat of deep crimson as shade
from the heat.

His eyes - bright as opals - Oh! How
they twinkled!
And, like a goanna, his skin was quite
wrinkled!
His shirt was stretched over a round
bulging belly
Which shook when he moved, like a
plate full of jelly.

A fat stack of pressies he flung from
his back,
And he looked like a swaggie
unfastening his pack.
He spoke not a word, but bent down
on one knee,
To position our goodies beneath the
yule tree.
Surfboard and footy-ball shapes for
us two.
And for Dad, tongs to use on the new
barbeque.
A mysterious package he left for our
Mum,
Then he turned, and he winked, and
he held up his thumb;

He strolled out on deck and his 'roos
came on cue;
Flung his sack in the back and
prepared to shoot through.
He bellowed out loud as they
swooped past the gates-
'MERRY CHRISTMAS to all, and
goodonya, MATES!'

Monthly Newsletter
Riverview Lutheran
Rest Home

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Upcoming Events

***Please book at
Reception for
outings**

7th Dec - 9am
Loxton Lutheran
School Chapel

8th Dec
Santa visits
Riverview

14th Dec
Living Waters
Christmas movie &
Lunch

15th Dec
Lunch at Loxton club

21st Dec
Residents MEETING

25th Dec
CHRISTMAS DAY !!



News from our CEO

Welcome to December!!! It is hard to believe that Christmas is nearly here again. Riverview is a lovely place to be at leading into Christmas. We have a very Christmassy feel, with Decorations around the home, and Carols streaming from the Living area in Edwards.

It is amazing how loudly and beautifully our residents can sing, particularly on Thursday afternoons during singing. I really enjoy hearing the beautiful voices carolling whilst Anne is playing the Piano. We welcome residents of our aged care home, our cottages, and our apartments, plus family and friends are also welcome to attend. I highly recommend attending if you enjoy getting into the Christmas spirit.

Family and friends are also welcome to join residents for lunch at Riverview on Christmas day, alternatively residents may wish to spend time with their families at home on Christmas Day or over the Christmas period. Please let Hannah know at Reception if you would like to join us.

A reminder that our Training and Meeting Rooms are available for families to book for private family functions or gatherings and can comfortably seat 20 people (Training Room) or 8 people (Meeting Room) at tables. Our Meeting room is already booked from 12-2pm on Christmas Day, but is still available in the evening. Our Function Room has no bookings as yet on Christmas Day and is available all day. There is no charge for use of these rooms, we just ask that you leave the rooms as you found them. Rooms booking can be made with Hannah at Reception.

We have recently undertaken some minor improvements with new cupboards replacing the old wooden cupboards and lost property clothes rack in the entrance (near Traeger). We now have a 'wardrobe cupboard' here as well (on the end near the kitchen door), which replaces the old clothes rack. This will house lost property. If you are looking for a missing item, please feel free to look in this cupboard.

Wishing you all a safe and blessed Christmas.

Thank you for Choosing Riverview.

Nicolle Jachmann
Chief Executive Officer





CHRISTMAS MEMORIES

What do you remember about your family Christmas?

Did you catch up with your relatives? Or was it a small family affair?

Did you travel far and wide to see all whom you love?

Did you cook a hot or cold meal and what was it that you cooked?

Did you attend church Christmas Eve and Christmas day and when did you open presents?

What were some of your family traditions that may still happen in your family today? Was it back yard cricket? A snooze on the couch? Was it biscuit making?

When did you put up your Christmas tree?

Was the gift in the giving or was it in the receiving or both?

Christmas is a special time of the year, it's a time to celebrate family, and a time to celebrate Jesus' birth. The story of Jesus arrival is a special one, it signals a promise of God's love, John 3:16 "For God so loved the world that he gave us his only son, whoever believes in him will be have eternal life". It's a time to remember the journey Mary and Joseph had and the trials they endured before and after his birth and despite that God blessed them abundantly.

May God bless you all abundantly as you celebrate Christmas together.

Till next time.

Paula Nitschke

Wellness Program Manager

News from our DON

Hello everyone,

Well I have been here now for 8 weeks now and I feel like it is home. Thank you to all the residents who came to make my welcome morning tea so enjoyable it was a big turnout. We got to share all about ourselves it was lovely to reminiscing with the residents and guests who attended. I have met all the residents now and I love seeing them each morning as I walk around the facility.

The staff and myself would like to make all our new residents both respite and permanent feel very welcome, we hope you are enjoying your time here at Riverview.

In my first few weeks we had a visit from the Quality Agency and the outcome was great. We are currently working toward our three yearly accreditation which will be unannounced and will be sometime between January and June 2019.

I have been trying to introduce myself to families as well when they come to see your loved ones. As the festive season is now on us, I would encourage you to enjoy our festive activities during these times. We have had so many special guests to the Home and its lovely seeing the residents enjoying these.

With the weather warming up staff are encouraging residents to keep up their fluids, also encouraging residents to enjoy the sunshine for short times as we now Vitamin D is good for our mind, body and souls. With the warmer weather coming it's a great time for you to come in and clean out your family's cupboards remove and replace clothes that do not fit. Please ensure that they are labelled or if you are using our labelling system (please drop the clothes off to Hannah at reception) so that they can returned to loved one after going to the laundry.

Just a reminder that our front lock at 5pm each night and re open in the morning by 7:00am. I would like to wish you all a very Merry Christmas and a Happy New Year.

Kind regards
Cale



WHAT HAS RIVERVIEW been up to in NOVEMBER?

Bunnings workshop on the 1st November

On the 2nd We were entertained by Daryl Knowling, Selina Knowling's son, who came and played his guitar and we ABSOLUTELY enjoyed his talent, with some of us even singing along with him.

On the 6th we went to the CWA Melbourne Cup Luncheon, there were 13 residents who all dressed up and attended, some of us even won a couple of bucks. We were also lucky to have our CEO attend with us for the day!



On the 9th November we went to the Lutheran school chapel and were also lucky enough to be a part of their Remembrance Day service which was much appreciated by those residents who attended that morning.

11th November was Remembrance Day, we had many residents attend the RSL service and Melva Guyatt laid a wreath at the base of the cross on behalf of the Riverview residents.



13th We went to St Catherine's in Berri for a word games afternoon and some fellowship.

15th We had a morning tea with the new Director of Nursing Cale Edwards.

16th Riverview were blessed with a visit from the Riverland Choral group. What a fantastic morning we had! Many residents came to listen to their musicality, some of us even joined in with the singing



We would like to wish a big Happy Birthday to our residents who are celebrating their birthday this month!

9th Ted Colls

21st Janet Staunton

22nd Daph Woodhouse

29th Barb Simpson

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Lifestyle Team and the Staff of Riverview.



Bringing Food in to Riverview:

In accordance with the Riverview Food Safety Plan, we accept no responsibility for food items supplied directly to residents by friends or family members and these food items can neither be processed, handled nor distributed by any Riverview staff member (with the exception of supplying required utensils to enable their consumption if so required).

You will find attached with this newsletter a flyer from the Riverland Councils about flushable wipes. Please have a read through the flyer.

If you choose to use flushable wipes please place them in the bin rather than flushing them in the toilet as they do not break down as they claim to.

Thank you for your cooperation.

Preparations for Christmas Day are underway, and we would like to know your loved one's intentions for meals and possible absences.

Questions:

- Will the resident be here for the Midday Meal?
- Will the Resident be here for Evening Meal?
- Are they planning to be gone for an extended period of time that day or over the Christmas period?
e.g. Leaving Christmas Eve at 2pm, returning boxing Day approx. 4pm, Out from 10am Christmas Morning, back at 7pm

This information is required to enable Kitchen to plan for meals and Nursing staff to plan for medications that may be required during Residents absences.

Families as always, are encouraged to visit Residents during this time. If you would like to discuss the availability of using our meeting spaces for your gatherings, please contact us.

Limited catering spaces for Christmas Day are available and need to be discussed with the Kitchen Manager in advance. Please phone us at Riverview on 8584 7370 to advise.

Thank you in advance for your help.

We would like to say a BIG thank you to everyone who donated tinsel and Christmas decorations to Riverview. We are extremely grateful for everyone's generosity. We've been very busy bees making Riverview look festive for Christmas!

We would also like to say another a BIG thank you to those who helped decorate our facility.

