





DECEMBER 2018

LEISURE AND LIFESTYLE PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1st 10:30 – 12pm Chair exercises Happy hour at Lunch 1:30 – 3: 30pm BINGO
2nd 10:30 – 12pm Church DVD Song of Praise 1:30 – 3: 30pm Indoor Bowls Competition	3rd 10:30 – 11:30am Moving and Grooving Chair yoga Book Club 1:30 – 2: 30pm Words beginning with D 2:30 – 3:30 Julie Noble singing	4th 10:30 – 11:30am Music with Rex 1:30 – 3: 30pm Craft afternoon	5th 10:30 – 12pm Chapel 1:30 – 3: 30pm Afternoon Tea with Pastor Men's shed Indoor Golf & 10 pin bowling	6th 10:30 – 12pm Word games 1:30 – 3:00 Chair yoga & craft 3:00 – 4: 30pm Melody sing-a-long with Anne	7th 9:00 CHAPEL at Lutheran School 10:30 – 12pm Pancake Morning tea & Music with Daryl Knowing 1:30 – 3: 30pm Visit from Lutheran School	8th 10:00am Santa visit 10:30 – 12pm Chair exercises & Christmas craft Happy Hour at Lunch 1:30 – 3: 30pm BINGO

PLEASE NOTE THAT LIFESTYLE ACTIVITIES ARE SUBJECT TO CHANGE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9th 10:30 – 12pm Church DVD Song of Praise BBQ LUNCH 5pm St Peter's Carols	10th 10:30 – 11:30am Moving and Grooving Chair yoga Book Club 1:30 – 3: 30pm Skittles on the matt	11th 10:30 – 11:30am Bright hour 1:30 – 3: 30pm St Catherine's to visit Riverview	12th 10:30 – 12pm Chapel 1:30 – 3: 30pm Afternoon Tea with Pastor	13th 10:30 – 12pm Ladder ball fun 1:30 – 3:00 Chair yoga & craft 3:00 – 4: 30pm Melody sing-a- long with Anne	14th 10:30 – 12pm Living Waters Movie date (lunch included) 1:30 – 3: 30pm Word games 5:30pm Carols by Anne Battams	15th 10:30 – 12pm Chair exercises Salon time Lunch at the Loxton Club 1:30 – 3: 30pm BINGO
16th 10:30 – 12pm Church DVD Songs of Praise 1:30 – 3: 30pm 10 Pin Bowling & ladder ball fun	17th 10:30 – 11:30am Chair yoga Book Club 1:30 – 3: 30pm Julie Noble singing	18th 10:30– 11:30am Bright hour 1:30 – 3: 30pm Craft time	19th 10:30 – 12pm Chapel 1:30 – 3: 30pm Afternoon Tea with Pastor Men's Shed	20th 10:30 – 12pm Making Xmas biscuits 1:30 – 3:00 Chair yoga & craft 3:00 – 4: 30pm Melody sing-a- long with Anne	21st 10:30 – 12pm Residents MEETNG Movement with Paula & Reminiscing 1:30 – 3: 30pm Indoor Golf comp Visit to CWA hall Xmas tree display	22nd 10:30 – 12pm Chair Yoga & Christmas craft 1:30 – 3:30pm BINGO

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23rd 10:30 – 12pm Church DVD Song of Praise BBQ LUNCH 1:30 – 3: 30pm Xmas trivia and word games	24th <u>Christmas Eve</u> 10:30 – 11:30am Chair yoga Book Club 1:30 – 3: 30pm Batts and balloons	25th CHRISTMAS DAY MERRY CHRISTMAS EVERYONE!	26th <u>BOXING DAY</u> 10:30 – 12pm Chapel 1:30 – 3: 30pm Afternoon Tea with Pastor	27th 10:30 – 12pm Ladder ball comp 1:30 – 3:00 Chair yoga & craft 3:00 – 4: 30pm Melody sing-a- long with Anne	28th 10:30 – 12pm Movement with Paula & Reminiscing 1:30 – 3: 30pm 	29th 10:30 – 12pm Chair exercises & Salon time 1:30 – 3:30pm BINGO
30th 10:30 – 12pm Church DVD Song of Praise 1:30 – 3: 30pm Indoor Bowls comp	31st <u>NEW YEARS EVE</u> 10:30 – 11:30am Chair yoga Book Club 12:00 Order Take away fish and chips & eat at Riverview! 1:30 – 3: 30pm Indoor Golf game	<p>If there is an outing you wish to attend in December you need to book your interest at the Riverview Reception desk ASAP, please be aware that the bus only seats 8, so seats are limited, however if you are keen to come and have taxi vouchers you are welcome to use those. <i>Please also note that you will require money for these outings and it is always weather dependant.</i></p> <ul style="list-style-type: none"> <i>If the weather is forecast for rain or a cooler than normal day the outing may be cancelled or re scheduled with short notice.</i> <p>8th December – Lunch at Loxton Club 14th December – Living Waters Movie Date & Lunch 15th December – Lunch at Loxton Club 21st December – Visit to CWA Hall for Xmas tree display <i>** if you would like more information about taxi vouchers see Hannah at reception or speak to Crystal in the office **</i></p>				