

# Riverview Happenings

## JULY 2022



Australians have a proud history of getting up, standing up, and showing up.

This years **NAIDOC** theme is about standing up and showing up for the Aboriginal and Torres Strait Islander culture and rich history.

For acknowledgement of land and country, of culture and gaining a deeper understanding of Aboriginal and Torres Strait Islander Australians.

As a country, Australians shall rally with the Aboriginal and Torres Strait Islander peoples to acknowledge **NAIDOC** week as we celebrate alongside and learn all we can about their connection to land and culture.

Whether it's seeking proper environmental, cultural and heritage protections, constitutional change, a comprehensive process of truth-telling, working towards treaties, or calling out racism—**we shall do it together.**

It's also time to celebrate the many people who have driven and led change in our communities over generations—these people have been the heroes and champions of change and of equal rights.



### Monthly Newsletter

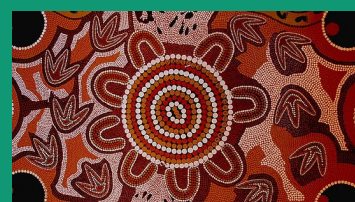
**Riverview  
Lutheran  
Rest Home**

**5 Luther Rd  
LOXTON SA 5333  
Ph: 8584 7370**

**4th - NAIDOC  
week  
Celebrations**

**7th World  
Chocolate Day**

**19th Mens  
Probus Meeting**



## CEO REPORT

2022 is flying by at an amazing rate and we are now already over half way through the year. We have welcomed the lovely rain over the past few months and hope that it continues for our farmers and gardeners. The cold weather has certainly set in over the last few weeks, but thankfully the new carpet in our Edwards hallways combined with reverse cycle air-conditioning installed early 2021, ensures we no longer have to contend with the cold temperatures experienced in those areas of the facility in the past.

There are still many changes rolling out across the Aged Care Industry as a result of the Royal Commission findings, with the level of reporting to the federal government continuing to increase across many areas of the facility. In addition to the current quarterly reporting on the amount we are spending on food and catering wages, the department now require this reporting to be split even further into food purchases that include GST and food purchases excluding GST, so they are able to determine whether providers are cooking fresh meals with ingredients that do not include GST such as meat, vegetables, fruit, bread, milk etc. or buying pre prepared foods that attract [GST](#). In addition we also need to report the amount spent per quarter on dental care including toothbrushes, toothpaste etc, and on nutritional supplements. At Riverview we pride ourselves on preparing our meals daily onsite, from fresh local ingredients purchased from local suppliers including Hygienic Meats, The Country Bakehouse, Glenview Eggs, Orchard Crush and Riverland Wholesale Fruit and Veg.

From the 1<sup>st</sup> of July, Aged Care providers are also required to report full financial reports including detailed profit and loss and balance sheet to the Department quarterly, included with this report we will also need to report the number of care minutes per day per resident broken down into Personal Care Attendant staff, Enrolled Nurses, Registered Nurses and Care Management minutes, reported on a per shift basis.

The Department will also be introducing a new Residential Aged Care provider star rating system, where providers will be star rated based on their reported care minutes per day, the results of interviews with residents/representatives (interviews for Riverview residents/representatives have not yet taken place – our understanding is the Department will give a week or two notice then attend Riverview to speak directly with a random selection of residents/representatives), and provider accreditation and compliance records. The ratings will then be available on the Departments website, we are led to believe the ratings may be published towards the end of 2022.

At Riverview we pride ourselves in providing the best possible care and services. If you have any concerns please do not hesitate to let us know. It's also good to hear if there is something we are doing well, or if there is a particular staff member that has gone above and beyond in their deliver of care and/or services.

Thankyou

Nicolle Jachmann



We would like to wish a big Happy Birthday to our residents who are celebrating in **JULY**

**1st Rodney Schubert**

**26th Jeoff Milich**

We hope you have a blessed Birthday and a memorable year ahead.

Many blessings and love from the Lifestyle Team and the Staff of Riverview.

## DON REPORT

Hello to all residents, families and staff,

Well winter is here, so it is important that we keep your loved ones warm, I would encourage all families to go through your loved ones cupboards and check their winter clothing to make sure that it is suitable and still fits. If you purchase new clothes make sure they are dropped off to the Reception desk for them to be labelled for the resident to use as soon as possible.

### Update on what the Clinical Team have been up to in the last 3 months

- Clinical Governance - We collect, audit and report monthly on all resident's incidents, infections, weight loss or gains, medication errors, wounds and skin conditions, behaviours and restrictive practises (quarterly). An investigation and interventions are commenced to help reduce the risk of the above occurring again. The Clinical team then audit and analyse each incident, infection, weight loss, wound then review systemically for trends, interventions and implement/evaluate continuous improvement to reduce the risk of incidents, wounds or infections from occurring at Riverview.
- Mandatory Quality Indicator Program is Due this month, the clinical team collect and report data quarterly across the five quality indicators:
  - Pressure injuries
  - Physical restraints
  - Unplanned weight loss
  - Falls and major injury
  - Medication management.
    - Polypharmacy
    - antipsychotic medications
- The Riverview team would like to congratulate *Emma* in the new role of Quality Coordinator, she will continue to reinforce infection prevention and control practices as the IPC Lead.
- We would also like to welcome *Onyi* to the Clinical Management Team in the role of Care Plan Coordinator. Onyi has been working hard and learning how to complete Resident focused care plans reviews. If you have any question on your care or your loved ones care, please feel free to make an appointment with Onyi. Welcome Onyi.

### Reminders from the Director of Nursing (Winter)

- The COVID-19 pandemic is not over, and this winter presents ongoing challenges to protect our residents, families, and our employees. Precautionary measures are still being prioritised, staff are wearing N95 masks and goggles and are up-to-date with vaccination for both COVID-19 and influenza. Our residents have been offered their 4<sup>th</sup> dose of COVID-19 vaccination and 2022 influenza vaccination. This will help reduce the risk of severe illness, hospitalisation and even death.
- Face *masks* are an additional physical barrier to help stop the spread of COVID-19. Under the Direction, all visitors are required to wear a face mask (covering mouth and nose) at all times while in the physical presence of others onsite. This includes while in the resident's room.

### Final Note

At Riverview we pride ourselves in delivering excellent quality care and services, if there is anything you are concerned about, please do not hesitate to contact us as soon as possible so that we can resolve the matter and ensure we are delivering the best care and services possible

If you would like to have a meeting with me, please book through Georgia at the reception desk or you can email me on [don@riverviewrehome.com.au](mailto:don@riverviewrehome.com.au)

Thank you to all the staff who have been working very hard over this busy season.

Many thanks

Gemma Webber



## What has been happening during the month of **JUNE** at Riverview?

### Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

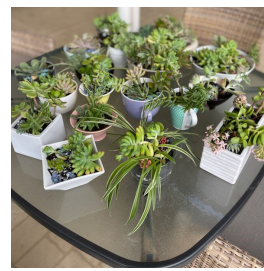
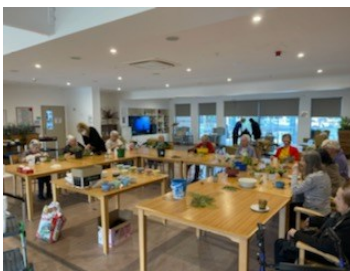
For the month of **JUNE** \$235.00 in donations went to Lutheran Heritage foundation. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

**JULY Chapel offerings will be donated to the Lutheran Media.**

### Riverview Residents Meeting June 6th



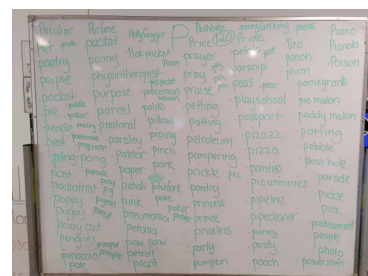
## Time to get Gardening at Riverview



We had an absolute BLAST getting our hands in the dirt and creating our succulent garden, these are now displayed in the Edwards rec room. It was so lovely to create something we can appreciate daily.

### Word games to stimulate the mind.

This month was "how many words can we think of that start with P". We got 120 words, our new record !



Riverview's Resident meeting was well attended on the 6th June. Thanks to Genni Lehmann for chairing the meeting. We heard from our CEO Nicole Jachmann who was able to talk to us about the ongoing building improvements to our home. One thing we really appreciate is the new carpet in the hallways and the wider doors on our rooms.



### Mini Golf Fun

Here is resident Daph having a go at scoring a 50, there was one day that each resident did actually score a 50 pointer ! What a day to celebrate THAT win! Chocolates all round!

### We are THANKFUL for Hairdressing Tuesdays



Sharni from Hair Factor in Loxton was at Riverview, giving the residents some much loved pampering. Hair Dresser Tuesdays are a much anticipated day, where the residents enjoy the pampering and conversation.

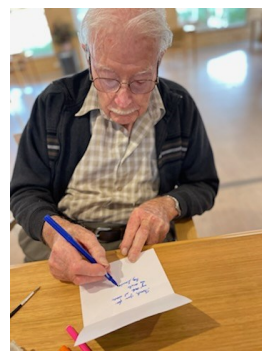
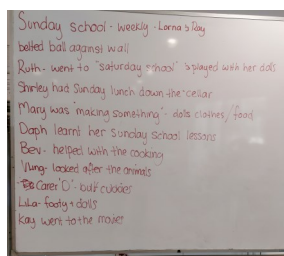
### Card Making for Year 1s at the Lutheran school

Last month we spoke to the year 1s at the Lutheran school via Zoom, and they sent us some cards. So we decided to send some cards back to the class. It was so lovely to be able to send a personal message to them and we enjoyed the afternoon making them too.



### Reminiscing over what we did on a Sunday

Lifestyle found out that there was actually a "Saturday school" instead of a Sunday school ! Do you remember that? There was also lots of cooking, traditional Sunday lunches and outdoor games to be played.





## Receiving a gift of Love from year 1 Loxton Lutheran School class.



The smiles on our faces showed how much we enjoyed reading these cards.



Thankyou year 1 class— Teacher : Ms Abbey James.



## TRAEGER news



When the sun is shining, we appreciate the outdoors and enjoy the beautiful garden.



And we are always busy!

## RIVERVIEW AFL Footy tipping Season.

And the competition is heating up already, with much discussion and competitiveness between staff and residents alike. This is Riverview's favourite season, where we find out **JUST** how competitive we all are. Round 16:

- 1.Dave Thomson
2. Susan Carter
3. Ruth Proud

## TRAEGER Residents

- 1.Vera Cole
2. Kevin Milera
3. June Barnett



## Bus outings .. WHAT FUN !



Residents from Traeger have had the chance to go for a bus ride around town and see the high river! Everyone had a lovely time and enjoyed the chatter and chance to reminisce about driving around town and see what's happening.

## STAFF Dress up day



Pyjama Friday, what a fabulous afternoon to come to work dressed up in Pjs. The residents sure got a laugh!!

# RIVERVIEW COMMUNITY NOTES:

## The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our new labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the new heat proof labels, as they will wash off.

## WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

We welcome family and friends always! Please remember that visits can take place outside in the Edwards or Traeger courtyards, or in your loved ones rooms. Covid-19 restrictions are still in place and therefore visits to loved ones in the recreation rooms of Edwards and Traeger are unable to happen.

For **INFECTION CONTROL** reasons, we are **UNABLE to share items between members of the facility** such as newspapers

If you would like to arrange for delivery of a newspaper, please contact a member of the Admin team.

We are able to receive:

- Murray Pioneer
- Stock Journal
- Advertiser
- Sunday Mail
- Magazines and more!

## LOST PROPERTY

After all the washing, steam cleaning, and relocating of items we have done in the past few weeks with our cleaning some items have not found their way home.

If Residents are missing items, please start by looking in the Training room. This is where the laundry have stored large items e.g. quilts for easy access by staff.

There are also a number of clothing items that have been found that are not labelled, normally these are placed in the cupboard at the rear of the kitchen, but there are SO MANY that there is a large stack in the laundry.

