



Riverview Happenings

FEBRUARY /MARCH 2022



Monthly Newsletter

Riverview
Lutheran
Rest Home

5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370

MARCH EVENTS

1st -Shrove Tue

2nd -Ash

Wednesday

14th -Adelaide

Cup Public Holiday

15th -Mens Probus
Club

16th -AFL Footy
starts

17th -St Patricks
Day

21st -Harmony Day

CEO REPORT

Welcome to 2022 ! It is hard to believe it is now 2 years since we first heard the words COVID-19, social distancing, close contact, booster vaccinated, RAT tests and the list goes on.

In South Australia and particularly here in the Riverland, other than a couple of short sharp lockdowns, we had been blessed to live relatively restriction free and COVID free for the last few years. That is until late November, when the floodgates (our borders) opened, and we now have to transition to a living with a COVID-19 world.

For some it was a blessing to again be able to see family and friends from interstate, for others it was a concern and worry about going from COVID free to living with COVID.

Here at Riverview, we are doing all we can to keep our residents as safe as possible, whilst still enabling them to enjoy life. Our staff undertake daily RAT tests and wear N95 masks and eyewear, and visitors also RAT test daily on entry.

To date this year, we have had 2 staff test positive to covid-19 that had worked in their infectious period – before they knew they were a close contact. As soon as they found out they were a close contact they did not work and undertook the necessary testing. In addition, 6 other staff have also tested positive to COVID, but had not worked in their infectious period, and therefore posed no risk to residents or other staff. It is a Commonwealth Government requirement that ALL positive staff are reported, regardless of whether or not they have worked in their infectious period

For example; if a staff member is on annual leave and contracts COVID-19 whilst away on holidays and has fully recovered by the time they return, that still needs to be reported and is counted in the Commonwealth government figures that the media picks up on. As per communications to residents and their representatives, one resident PCR tested positive to COVID-19, and has since recovered. A further 8 staff have had 14 days off work due to being notified they were a close contacts and did not contract COVID-19. At the time of writing, they are now all back at work. One visitor has tested positive since we have commenced our visitor RAT screening program and therefore did not enter the facility.

Please be assured that whenever either a staff member, resident, or visitor that has been in the facility during their infectious period tests positive to COVID and has exposed the facility, we will always let our residents, their representative and our staff know.

I sincerely thank all of the staff that have worked double shifts, split shifts and overtime during January and February to ensure that we maintain the best quality care and services possible during these trying times. I would also like to thank all residents and their families/representatives for their understanding and cooperation.

Thankyou

Nicolle Jachmann

Chief Executive Officer

What has been happening during the month of **JANUARY /FEBRUARY at Riverview?**

Riverview Chapel Offerings

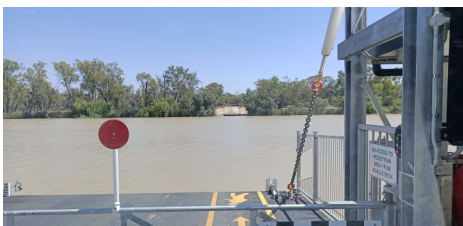
Every month chapel offerings are donated to a variety of organisations.

For the month of January \$105.00 in donations went to Loxton High School Chaplaincy program and February \$100.00 went to Riverview Rest home . Thank you for your kind offerings. If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

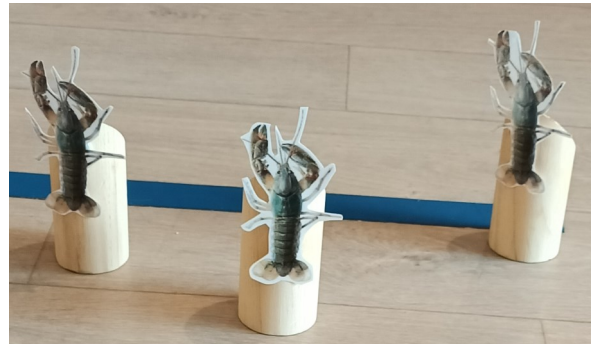
March Chapel offerings will be donated to Loxton Lutheran School bibles for students

Drive around Town

When the weather is fine, we take a drive around town, this time we chose to drive around the River to see how high it has risen and if any one was fishing ! And we took a drive to Lyrup too !

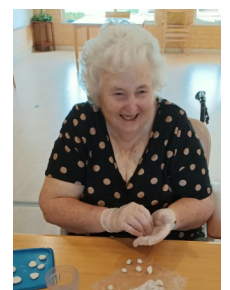
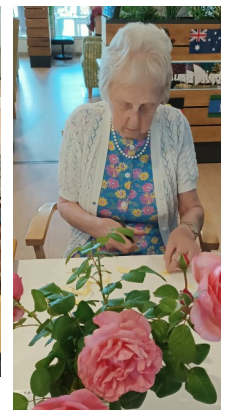


Australia Day Celebrations



We celebrated with a different type of game this year. As we have a high river, there has been talk of yabbies, so out they came for a game of "the great Australian Yabbie Crawl!"

Craft with Anna Da Costa



In January we gathered around the tables and began a craft project of mosaic fish which will be displayed alongside some of Annas art work for Riverview. Watch this space.

Reminiscing with the Radio Show Blue Hills.

I'm sure you all will remember this radio show that was broadcast at midday when you were all home eating your lunch. It was a broadcast not to be missed ! Lifestyle played episode 4,345 and a few more which even brought people out of their rooms once they heard the familiar music that began the episode. This series went for 27 years ! From 28th Feb 1949 till 30th Sept 1976.



Aged Rights Advocacy Service (ARAS)

February saw Riverview residents engage in their first ever ZOOM meeting. They met Sarah from ARAS on line and listened as she spoke about what advocacy means, what the Charter of Aged Care rights are, and how can ARAS support you—the resident to uphold your rights. The meeting was interesting and generated some discussion and comments at the end of the presentation.



Celebrating Valentines day 14th February



Riverview celebrated this day with a very decorated dining area and special display in Traeger. Our residents celebrated the day remembering what it was they LOVED to eat, drink, smell, see and listen to the sound of. We then wrote on each thought onto love heart and placed them around the dining room.

Harvest Thanksgiving Service 16th Feb.



What a lovely celebratory service it was ! We are thankful for so much here at Riverview, for good health, support, care, secure rooms, fun, worship and love.

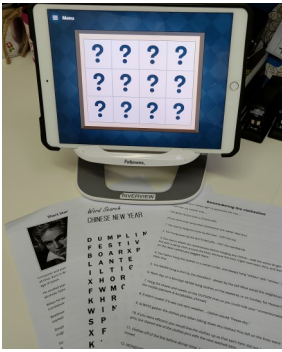
A gift from Woodleigh Childcare Centre. The children sent our Residents some lovely cards, which was appreciated with happy smiles from our residents in Traeger.



Our Traeger residents also enjoy every opportunity to seek sunshine and a chance to get the hands in the ground and weed our garden.



A generous gift of love from Barb, a dear friend of Volunteer Leanne Farr who dropped off some fiddle muffs for our residents to use in Traeger. Thankyou so much !



When your in your room..

Lifestyle can come to you and provide you with games to stimulate the mind. We introduced some Ipad games which have been well received by many residents.

Interactions with the Lutheran School

Our residents were fortunate to watch the Lutheran School chapel service on line where bibles were given to the students.



Some of our chapel offerings

went to the purchase of these bible for these students .



We also Zoom called the year 1 class at Loxton

Lutheran and listened to them sing Jesus Loves me. We were exited to be able to chat to them LIVE ! What a blessing to see them again.



Gifts of love from Woodleigh Childcare centre.

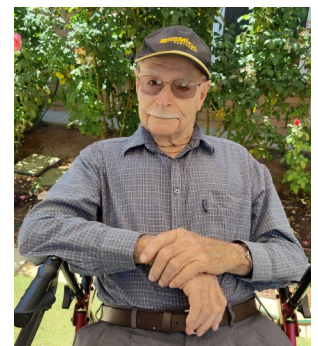


Our residents In Edwards were gifted with a small greeting card from the children of Woodleigh. This brought many smiles to our faces.



When the SUN shines

we enjoy each others company outside, it was a lovely day to smell the roses and chat together about current events in Loxton. We read the local Murray Pioneer and spotted people that we knew.



Mini Golf Fun !

This game would happen to be a Riverview family favourite. We were even able to get a few staff members to have a go !!



Friday Morning

Exercise on the mini Bike Pedals. Pictured here are Gloria and Vling getting a good workout on the legs! These bike pedals induce much competition as we ride to



Book Reading—A Man called Possum .



Some of our residents can remember many stories of this famous local Renmark man called Possum . Its been a very interesting read! Thanks to volunteer Rosie Hahn who has allowed us to borrow the book.



Pictured here is resident Susan who celebrated her birthday in January, thanking Chef Greg for the MOST AWESOME birthday cake !



We would like to wish a big Happy Birthday to our residents who are celebrating in **FEBRUARY**

3rd Peter Main

23rd Dulcie Goodes

MARCH

9th Peter Partridge

10th Gloria Farley

16th Jan Burlik

18th Pam Bond

29th Wanda Hucks

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Lifestyle Team and the Staff of Riverview.

RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our new labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the new heat proof labels, as they will wash off.

WHAT DOES MAINTENANCE DO?

- Gardening
- Recycling and Waste
- TV installs
- Hanging pictures
- Deliveries of goods
- Fix Leaking taps
- Change light globes and the list goes on and on and on

Please advise your care provider e.g. PCA or Nurse who can log request directly to the maintenance team.

OR – come to the office to report to Reception.

Family can also do this on your behalf by calling or emailing the facility for follow up.

We welcome family and friends always! Please remember that visits can take place outside in the Edwards or Traeger courtyards, or in your loved ones rooms. Covid-19 restrictions are still in place and therefore visits to loved ones in the recreation rooms of Edwards and Traeger are unable to happen.

For **INFECTION CONTROL** reasons, we are **UNABLE to share items between members of the facility** such as newspapers

If you would like to arrange for delivery of a newspaper, please contact a member of the Admin team.

We are able to receive:

- Murray Pioneer
- Stock Journal
- Advertiser
- Sunday Mail
- Magazines and more!

Summer is here! Now is a good time to start swapping over your winter woollies to cooler summer suited clothing.

Please also remember to supply your loved ones with a hat as we are no longer able to provide these to residents.



LOST PROPERTY

After all the washing, steam cleaning, and relocating of items we have done in the past few weeks with our cleaning some items have not found their way home.

If Residents are missing items, please start by looking in the Training room. This is where the laundry have stored large items e.g. quilts for easy access by staff.

There are also a number of clothing items that have been found that are not labelled, normally