SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE FIRST DAY OF LENT Ashes are placed on the forehead as a sign of the dust from which God made us. It also symbolises the confession of our sins.	Tent	1st Shrove Tuesday	2 nd Ash Wednesday	3 rd	4 th	5 th
		10:30 – 11:30am	10:30 – 12pm	10:30 – 11:45am	10:30 – 11:30am	10:30 – 12pm
		Bright Hour &	Chapel & Worship	Chair exercises & a	Chair Yoga & Mini Golf	Chair Yoga & 10
		Pancake morning	music	time to chat about		pin bowling
		tea		holidays	1:30 – 3:30pm	
		4 00 000	1:30 – 3:00pm	1.00	Come and sit outside	4.00
		1:30- 2:30pm	BINGO	1:30 – 3:30pm	for a chat & enjoy the	1:30 – 3:30pm
		The Envelope Game	2.00 2.20nm	The March Quiz	sunshine	BINGO
		2:30 – 3: 30pm	3:00 – 3:30pm Book Club	& Words starting with M		
		Hookey &	DOOK CIUD			
		basketball	Men's group – Bus /			
			bike ride			
6 th	7 th	8 th	9 th	10 th	11 th	12 th
10:30 – 12pm	10:30 – 11:45	10:30 – 11:30am	10:30 – 12pm			
Lutheran Church	am	Chair Exercises &	Chapel & Worship	10:30 – 11:45am	10:30 – 11:30am	10:30 – 12pm
service DVD	Chair Exercises	Mini-bike pedals	music	Chair exercises &	Chair Yoga & 10 pin	Chair Exercises &
	Bus ride around			Quoits	bowling	Chair basketball
1:30 – 3:30pm	town	1:30- 2:00pm	1:30 – 3:00pm			
Riverview armchair travel to India		Quoits	BINGO	1.20 2.20	1.20 2.20	1.20 2.2000
	1:30 – 2:30pm Word fun	2:00 – 3: 30pm	3:00 – 3:30pm	1:30 – 3:30pm Hopscotch Dice game	1:30 – 3:30pm Craft with Anna Da	1:30 – 3:30pm BINGO
	vvoid full	Craft	Book Club	& more	Costa	Billio
	2:30 – 3:30pm					
	Book club					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 th	14 th	15 th Men's Probus – Lox club	16 th	17 th St Patricks day	18 th	19 th
10:30 – 12pm			Season Begins	•		
Lutheran Church			10:30 – 12pm	10:30 – 11:45am		10:30 – 12pm
Traditional service		10:30 – 11:30am	Chapel & Worship	Chair exercises & Bus	10:30 – 11:30am	Chair Yoga & 10
DVD		Bright Hour	music	ride around town	Chair Yoga & Mini golf	pin Bowling
BBQ & Happy hour	ADELAIDE CUP	1:30- 2:30pm	1:30 – 3:00pm			1:30 – 3:30pm
at LUNCH		Cloud Gazing Power	BINGO	1:30 – 3:30pm		BINGO
	PUBLIC	point		St Patricks day	1:30 – 3:30pm	
1:30 – 3:30pm	HOLIDAY		2:30 – 3:30pm	Activities	Craft with Anna Da	
Bus Drive around		2:30 – 3:30pm	Book Club		Costa	
town	No	Riddling Riddles				
	lifestyle today		Men's group – Bus / bike ride			
20 th	21 st Harmony	22 nd	23 rd	24 th	25 th	26 th
	Day	10:30 – 11:30am				
10:30 – 12pm		Chair Exercises &			10:30 – 11:30am	10:30 – 12pm
Lutheran Church	10:30 – 11:45	Mini-bike pedals	10:30 – 12pm	10:30 – 11:45am	Chair Yoga &	Chair Exercises &
Traditional service	am		Chapel & worship	Chair exercises & Mini	Reminiscing Questions	Hookey
DVD	Chair Exercises	1:30- 2:00pm	music	Golf fun		
	& Bus ride	Name the Music				
	around town	Group: Picture	1:30 – 3:00pm	1:30 – 3:30pm	1:30 – 3:30pm	1:30 – 3:30pm
1:30 – 3:30pm		Puzzles	BINGO	Let's do a Quiz	Craft with Anna Da	BINGO
Movie afternoon	1:30 – 2:30pm			outside today	Costa	
	Word Fun &	2:00 – 3: 30pm	2:30 – 3:30pm			
	discussion on	Craft	Book Club			
	Harmony Day					
	2:30 – 3:30pm					
	Book club					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 th	28 th	29 th	30 th	31 st		
10:30 – 12pm	10:30 – 11:45	10:30 – 11:30am	10:30 – 12pm	10:30 – 11:45am		
Lutheran Church	am	Chair Exercises &	Chapel & Worship	Chair exercises & Bus		
Traditional service	Chair Exercises	Mini-bike pedals	music	ride around town	9 9 9	
DVD	& 10 pin					
	bowling		1:30 – 3:00pm			
BBQ & Happy hour		1:30- 2:00pm	BINGO	1:30 – 3:30pm		
at LUNCH		Clothes reminiscing		Sit outside in the		
	1:30 - 2:30pm	power point	2:30 - 3:30pm	sunshine and chat		
1:30 – 3:30pm	Word Games		Book Club			
Bus Drive around		2:00 – 3: 30pm				
town	2:30 – 3:30pm	Craft	Men's group – Bus /			
	Book club		bike ride			



Are you missing your loved ones?? If you would like to Face time or Skype your loved ones on Riverview's iPad, we would LOVE to help you!

Families can contact Riverview on 8584 7370 and residents we can set up a time for you.



can ask at the reception desk, and