

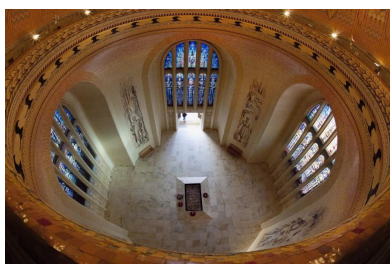
Riverview Happenings

NOVEMBER 2021



Lest we Forget— Some interesting facts from the Australian War Memorial

The Hall of Memory, set above the Pool of Reflection, is the heart of the Australian War Memorial. It can only be reached by walking past the names of the more than 102,000 men and women who have given their lives in the service of this country. Here you stand by the Tomb of the Unknown Australian Soldier, at the still point of all remembrance.



Plans to honour an unknown Australian soldier were first put forward in the 1920s, but it was not until 1993 that one was at last brought home. To mark the 75th anniversary of the end of the First World War, the body of an unknown Australian soldier was recovered from Adelaide Cemetery near Villers-Bretonneaux in France and transported to Australia. After lying in state in King's Hall in Old Parliament House, the Unknown Australian Soldier was interred in the Hall of Memory on 11 November 1993. He was buried in a Tasmanian blackwood coffin, on which were placed a bayonet and a sprig of wattle. Soil from the Pozières battlefield in France was scattered in his tomb.

The inscription on the tomb reads, "An unknown Australian soldier killed in the war of 1914–1918". At the head of the tomb is inscribed "Known unto God" and at the foot, "He is all of them and he is one of us." <https://www.awm.gov.au/visit/visitor-information/features/hall-of-memory>



REMEMBRANCE DAY
Lest We Forget



Monthly Newsletter

Riverview Lutheran
Rest Home
5 Luther Rd
LOXTON SA 5333
Ph: 8584 7370

2nd—Melbourne Cup

**11th—
Remembrance Day**

**18th— 2:30
Summer Menu
meeting
(Edwards)**

**27th—Loxton
Lights Up**

**28th Advent
begins**

The CEO report

It is hard to believe that the end of the year is nearly here again. When I reflect back on the last 12 months at Riverview it has been a very busy time with many changes. This time last year the slab of our of Chapel and Wellbeing center had just been laid, and air conditioners were just about to be installed in our Edwards hallways. A year ago Gemma Webber was in the role of acting Director of Nursing and has since been appointed to the position and is very capably leading the clinical team at Riverview. This time last year, we were holding our hopes on a COVID-19 vaccination, now most residents and all staff are fully vaccinated.

We have seen the addition of our Trio bike (our residents just love riding around town on this), and the Tovertafel (electronic image game projector) in Traeger. Our courtyard spray paving is now finished and ready for the lovely spring/summer weather.

Our staff have undertaken many hours of training, including courses on infection control, wound management, documentation, and leadership, in addition to the many other ongoing mandatory training modules, which include such things as food safety, elder abuse, serious incident reporting, manual handling, fire training, dignity and respect, and cultural awareness.

We look forward to the coming year with both excitement and trepidation. We are excited about the refurbishment of our Edwards passageways, and the recently approved deck to be built in the Traeger courtyard, that will provide a smooth surface to enable Traeger residents access to an additional outdoor area.

However, we are also unsure about what the opening of our state borders, and living with COVID-19 will look like for Riverview. The State Government are currently finalising their plans and recommendations as to what this will mean for aged care.

All staff and most residents are currently double dose vaccinated, and will be offered a 3rd booster dose (to be administered 6 months after their second dose) in the coming months. The clinic will be conducted onsite here at Riverview.

We strongly encourage all residents and visitors to get their COVID-19 vaccination, as it offers the best chance of reducing the risk of serious illness and death, and enables the body to fight the infection more quickly, therefore also reducing the risk of passing the virus onto others.

It is not yet mandatory for visitors to be COVID-19 vaccinated, but as our borders open and we live with covid in South Australia it is very likely that this will soon be a legislated requirement, just as it is for influenza.

We always strive to offer the best possible care and services to our residents and appreciate your feedback on both what we do well, and what we could do better. Please do not hesitate to contact us if you would like to share your feedback, or if you have any concerns.

Thankyou for Choosing Riverview

Nicolle Jachmann

Chief Executive Officer



Happy
Birthday!

We would like to wish a big Happy Birthday to our residents who are celebrating in

NOVEMBER

12th Betty Bradke

12th Helen Huxtable

28th Joel Pickering

28th Wally Wendt

We hope you have a blessed Birthday and a memorable year ahead. Many blessings and love from the Lifestyle Team and the Staff of Riverview.

What has been happening during the month of **OCTOBER** at Riverview?

Riverview Chapel Offerings

Every month chapel offerings are donated to a variety of organisations.

For the month of October \$310.00 in donations went to Lutheran Community Care. Thank you for your kind offerings.

If you wish to make an offering on Wednesdays during chapel please see the Lifestyle Staff for a chapel voucher.

November Chapel offerings will be donated to Gideons International Australia .

Cooking in the Riverview Chapel Kitchen.



The ladies have enjoyed spending a Friday afternoon mixing up a storm, creating Jam drops and Cornflake biscuits. We spent a lot of time chatting and reminiscing over what our favourite recipes were.



At Riverview we have a LOT OF FUN !!



Chef Greg even had a go!



Phyllis had a shot of quoits



And our CEO Nicolle tried to win a 50 pointer in mini golf !



Some afternoons at the end of the day, the ladies can be seen having a chin wag together. It's a lovely way to end the day, talking and laughing. As you can see Resident Rosemary likes to create a good laugh every now and again !

Our Loxton Community are very generous and someone has brought in some beautiful flowers which have been placed on the tables for all to see. What a delightful visual display.



Exercises ! This month has been fun, we have incorporated the stretchy bands and weighted balls for some variation to our daily warm ups ! If you are keen to get involved with our exercises, they are scheduled on our activities calendar almost daily !

Drives around town



We took a drive around Loxton river front and then out to Lock 4 to see how much water has been flowing through the locks ! WOW !! It was amazing to see just how much water was coming through. Maybe we shall see some yabbies..



This is the pontoon down by the Loxton Riverfront.. You would have to take a LARGE leap to get to it !

The Gardens

The Vege pod is growing slowly!



Look what FUN Traeger get up to !



Here Betty is working on a puzzle



Kath is trying to match colours and shapes



Then we got out the parachute and tried to move the balloon.

THE Trio Bike

Pictured below is carer Dennis and resident Dave going for a ride on the Trio bike.



We also welcome two NEW riders to the Trio Bike team, - Bill (seated) and John (riding).

Crazy Hair and Dress up Day !

The staff got behind this great fun dress up and day and brought a smile to the residents of Riverview.



The Edwards courtyard got a mini makeover with new spray paving.

What a magnificent difference it makes !



Our Beautiful roses

Are looking quite the pretty picture in the Edwards courtyard of late.



RIVERVIEW COMMUNITY NOTES:

The importance of labelling EVERYTHING

We ENGRAVE items for FREE, just bring them to office.

Clothing is at a cost of \$50 FOR LIFE. Our new labelling machine can withstand our HOT WASHES and makes it easy for staff to identify who's items are who's.

Having EVERYTHING labelled, Clothes, hearing aids, glasses, electrical equipment, shoes, Blankets and rugs, makes it easier for staff to find their owners, if you are missing items of clothing, please check the lost property at the alternative entrance (staff can assist if required.) and request for items to be labelled if they are yours.

Clothing labelled with permanent marker are requested to have the new heat proof labels, as they will wash off.

Xmas/ birthday gift ideas:

Are you wondering what to give your loved one? How about a pamper pack, this can consist of lovely smelling hand or foot lotions, perfume, or lovely skin care products.



At Riverview we pride ourselves in delivering excellent quality care and services, if there is anything you are concerned about, please do not hesitate to contact us as soon as possible so that we can resolve the matter and ensure we are delivering the best care and services possible

We welcome family and friends always! Please remember that visits can take place outside in the Edwards or Traeger courtyards, or in your loved ones rooms. Covid-19 restrictions are still in place and therefore visits to loved ones in the recreation rooms of Edwards and Traeger are unable to happen.



We're seeking volunteers for our national phone service where trained volunteers chat to anyone in the community.

Could you spare 2-3 hours per week to join our team answering calls on FriendLine?

This is not a crisis service.

Apply now



For more information and FAQs visit:
friendsforgood.org.au/volunteer

HATS and more HATs!



SPRING has SPRUNG and SUMMER is NEAR, if you wanna come outside you need to purchase the gear!

All residents should have a hat they can wear, so its time to check their spring/summer wardrobe and make sure there is a hat available for them so they can come and sit and participate in the activities outside.

