




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 LEST WE FORGET 	<b>1<sup>st</sup></b>  10:30 – 11:45 am <b>Chair Exercises &amp; mini golf</b>  1:30 – 2:30pm <b>Brain Boosters</b>  2:30 – 3:30pm <b>Book club</b> <b>** come for a ride on the Trio Bike **</b>	<b>2<sup>nd</sup> Melbourne Cup</b>  10:30 – 11:30am <b>Bright Hour</b>  1:30- 2:30pm <b>Come &amp; watch the Melbourne Cup</b>	<b>3<sup>rd</sup></b>  10:30 – 12pm <b>Chapel &amp; Worship music</b>  1:30 – 2:30pm <b>Book Club</b>  2:30 – 3:30pm <b>BINGO</b>	<b>4<sup>th</sup></b>  10:30 – 11:45am <b>Chair exercises &amp; drive around town</b>  1:30 – 3:30pm <b>Craft with Anna</b>	<b>5<sup>th</sup></b>  10:30 – 11:30am <b>Pancake morning Tea &amp; Exercises mini-bike pedals</b>  1:30 – 3:30pm <b>Cooking in the Kitchen</b>	<b>6<sup>th</sup></b>  10:30 – 12pm <b>Chair Yoga &amp; word games</b>  1:30 – 3:30pm <b>BINGO</b>
<b>7<sup>th</sup></b>  10:30 – 12pm <b>Lutheran Church service DVD</b> <b>BBQ &amp; Happy hour at LUNCH</b>  1:30 – 3:30pm <b>Movie: Marmaduke</b>	<b>8<sup>th</sup></b>  10:30 – 11:45 am <b>Chair exercises &amp; Chair basketball</b>  1:30 – 2:30pm <b>Brain Boosters</b>  2:30 – 3:30pm <b>Book club</b>	<b>9<sup>th</sup></b>  10:30 – 11:30am <b>Chair exercises &amp; Hookey</b>  1:30- 2:30pm <b>Riverview Travel Guide to Holland</b>  2:30 – 3: 30pm <b>Craft</b>	<b>10<sup>th</sup></b>  10:30 – 12pm <b>Chapel &amp; Worship music</b>  1:30 – 2:30pm <b>Book Club</b>  2:30 – 3:30pm <b>BINGO</b> <b>Men's group – Bus / bike ride</b>	<b>11<sup>th</sup> Remembrance Day</b>  10:30 – 11:45am <b>Chair exercises &amp; drive around town</b>  1:30 – 3:30pm <b>Craft with Anna</b>	<b>12<sup>th</sup></b>  10:30 – 11:30am <b>Exercises &amp; Mini-bike pedals</b>  1:30 – 3:30pm <b>Cooking in the Kitchen</b>	<b>13<sup>th</sup></b>  10:30 – 12pm <b>Chair Exercises &amp; Reminiscing</b>  1:30 – 3:30pm <b>BINGO</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>14<sup>th</sup></b>  10:30 – 12pm <b>Lutheran Church</b> Traditional service DVD  1:30 – 3:30pm <b>10 Pin Bowling</b>	<b>15<sup>th</sup></b>  10:30 – 11:45 am <b>Chair Exercises &amp; Reminiscing</b>  1:30 – 2:30pm <b>Brain Boosters</b>  2:30 – 3:30pm <b>Book club</b>	<b>16<sup>th</sup></b> Men's Probus – Lox club  10:30 – 11:30am <b>Bright Hour</b>  1:30- 2:30pm <b>Quoits</b>  2:30 – 3: 30pm <b>Craft</b>	<b>17<sup>th</sup></b>  10:30 – 12pm <b>Chapel &amp; Worship music</b>  1:30 – 2:30pm <b>Book Club</b>  2:30 – 3:30pm <b>BINGO</b>	<b>18<sup>th</sup></b>  10:30 – 11:45am <b>Chair exercises &amp; drive around town</b>  1:30 – 2:30pm <b>Craft with Anna</b>  2:30 Residents <b>Summer Menu Meeting</b>	<b>19<sup>th</sup></b> <b>International Men's day</b>  10:30 – 11:30am <b>Exercises &amp; Mini-bike pedals</b>  1:30 – 3:30pm <b>Cooking in the Kitchen</b>	<b>20<sup>th</sup></b>  10:30 – 12pm <b>Chair Yoga &amp; Mini golf</b>  1:30 – 3:30pm <b>BINGO</b>
<b>21<sup>st</sup></b>  10:30 – 12pm <b>Lutheran Church</b> Traditional service DVD  <b>BBQ &amp; Happy hour at LUNCH</b>  1:30 – 3:30pm <b>Bus Drive around town</b>	<b>22<sup>nd</sup></b>  10:30 – 11:45 am <b>Chair Exercises &amp; 10 pin bowling</b>  1:30 – 2:30pm <b>Word Games</b>  2:30 – 3:30pm <b>Book club</b>	<b>23<sup>rd</sup></b>  10:30 – 11:30am <b>Chair exercises &amp; Chair Basketball</b>  1:30- 2:00pm <b>Mini Golf</b>  2:00 – 3:30pm <b>Word games</b>	<b>24<sup>th</sup></b>  10:30 – 12pm <b>Chapel &amp; worship music</b>  1:30 – 2:30pm <b>Book Club</b>  2:30 – 3:30pm <b>BINGO</b> <b>Men's group – bus bike /ride</b>	<b>25<sup>th</sup></b>  10:30 – 11:45am <b>Chair exercises &amp; drive around town</b>  1:30 – 3:30pm <b>Craft with Anna &amp; Decorate Riverview with Christmas cheer</b>	<b>26<sup>th</sup></b>  10:30 – 11:30am <b>Exercises &amp; mini-bike pedals</b>  1:30 – 3:30pm <b>Cooking in the Kitchen &amp; "dec the halls with Christmas cheer"</b>  <b>**trio bike ride**</b>	<b>27<sup>th</sup></b> Loxton Lights up  10:30 – 12pm <b>Chair Exercise &amp; Word games</b>  1:30 – 3:30pm <b>BINGO</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>28<sup>th</sup></b> Advent begins  <b>10:30 – 12pm</b> Lutheran Church Traditional service DVD  <b>1:30 – 3:30pm</b> Christmas Movie	<b>29<sup>th</sup></b>  <b>10:30 – 11:45 am</b> Chair exercises & Mini Golf  <b>1:30 – 2:30pm</b> Word Finding  <b>2:30 – 3:30pm</b> Book club	<b>30<sup>th</sup></b>  <b>10:30 – 11:30am</b> Chair Exercises  <b>1:30- 2:30pm</b> 10 Pin Bowling  <b>2:30 – 3:30pm</b> Craft		  		
<p>Are you missing your loved ones?? If you would like to Face time or Skype your loved ones on Riverview's iPad, we would LOVE to help you!</p> <p>Families can contact Riverview on 8584 7370 and residents can ask at the reception desk, and we can set up a time for you.</p> 